

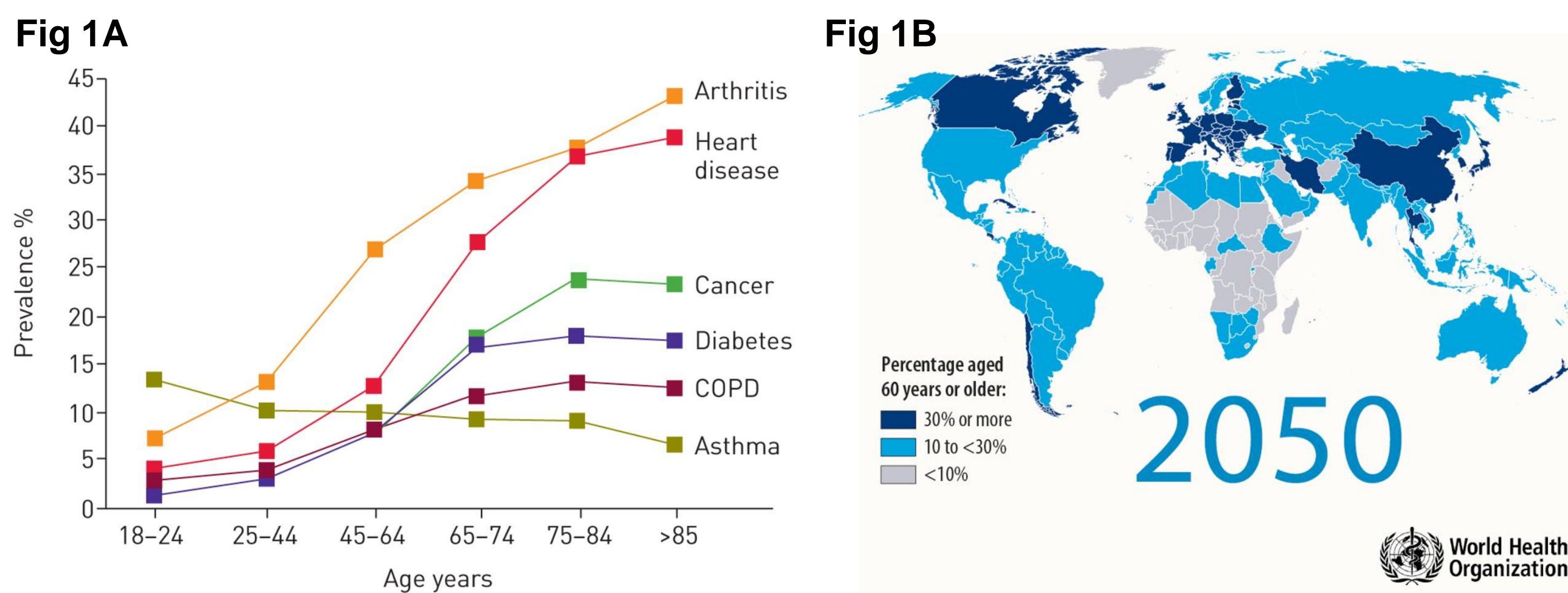
# The role of DNA repair in healthy aging

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## Background

### An Aging Population:

Aging is the primary risk factor for most chronic degenerative diseases<sup>1</sup> (Fig 1A)  
 By 2050, almost 25% of the global population will be over 60 years old<sup>2</sup> (Fig 1B)



### DNA Damage drives aging:

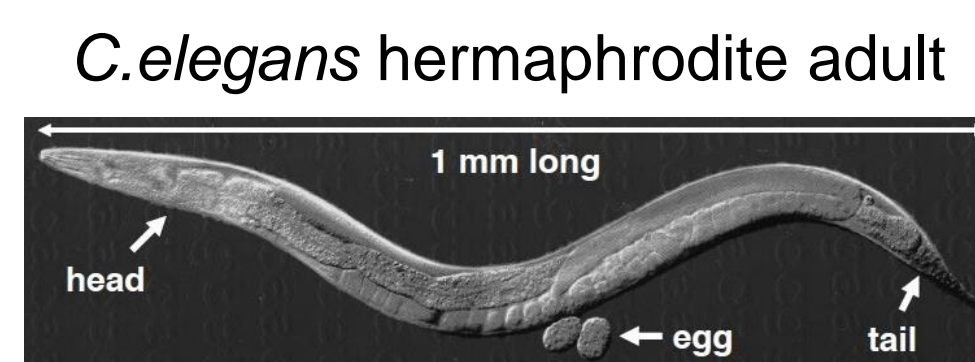
Increased DNA damage and reduced DNA repair is observed with aging<sup>3</sup>.  
 Loss of efficient DNA repair drives age-related pathology<sup>4</sup>.  
 Consistently, effective DNA repair has been linked to longer lifespan and healthspan in animals<sup>5</sup> and humans<sup>3</sup>

However, it is likely that not all DNA repair pathways contribute equally.

**AIM: Which DNA repair pathways are most important to healthy aging?**

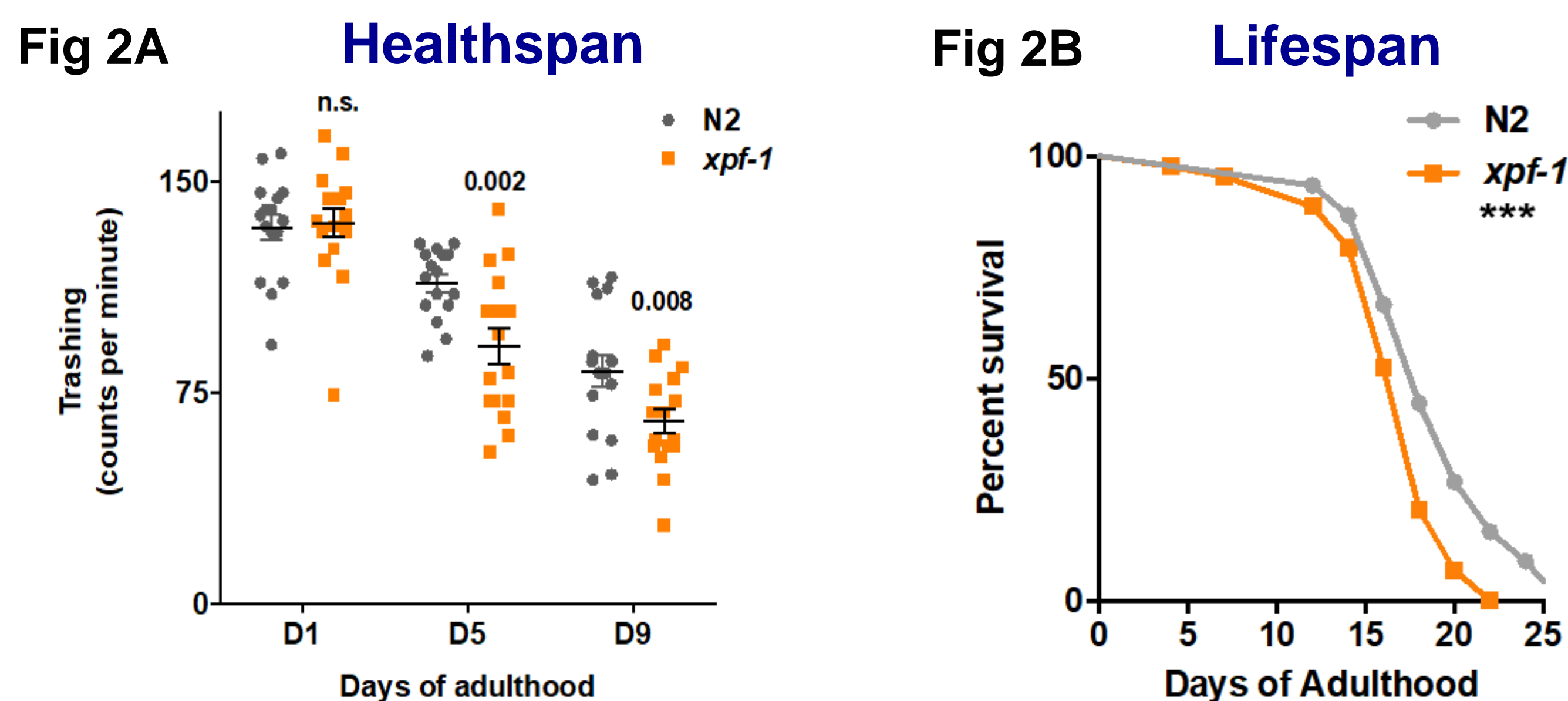
### C. elegans as a model organism:

Genetically tractable  
 Short lifespan (~25 days)  
 Conserved DNA repair mechanisms with mammals  
 Easy to experimentally manipulate



## Previous Research

Loss of ERCC1-XPF causes accelerates aging in humans, mice<sup>6</sup> and *C. elegans*<sup>7</sup> (Fig 2A, B)



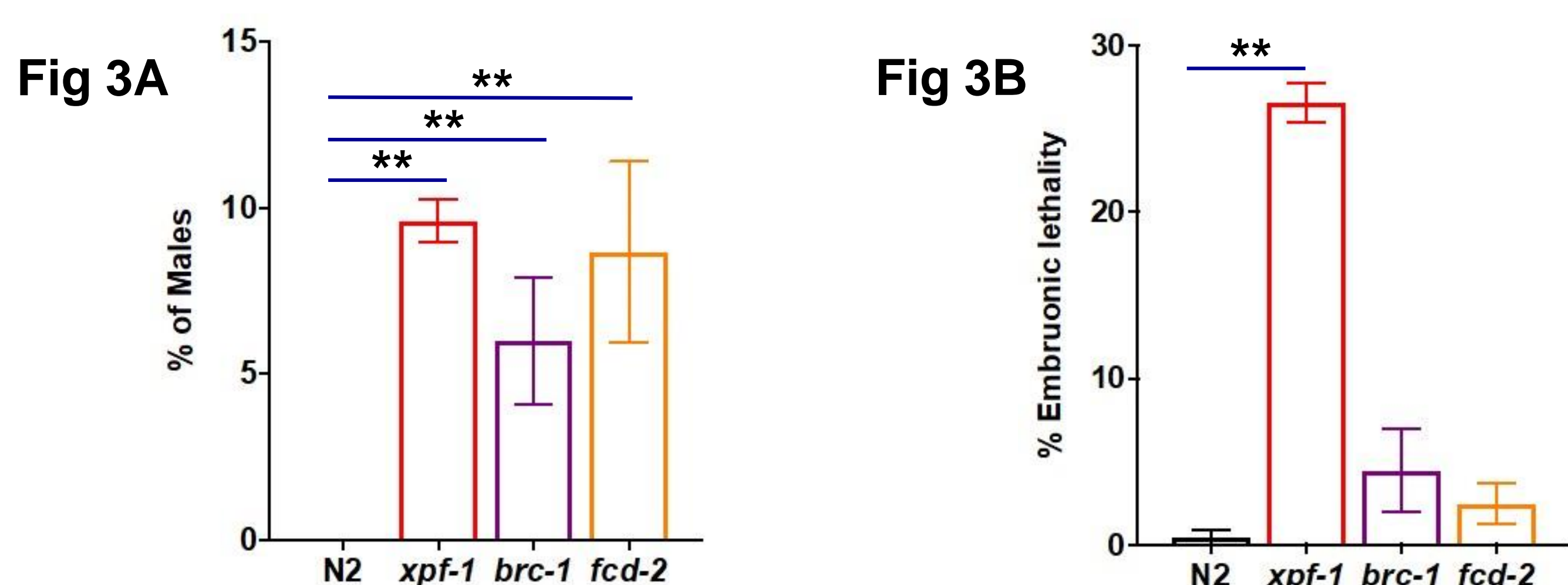
### ERCC1-XPF is involved in several pathways:

	Strains investigated			
	N2	<i>xpf-1</i>	<i>brc-1</i>	<i>fcd-2</i>
Nuclear excision repair		X		
Homologous Recombination		X	X	
Interstrand Crosslink repair		X		X

x indicates problem in repair mechanism

## Expt 1: Confirming DNA repair mutants

DNA repair mutants exhibit an increase in incidence of males (crossover defects) and embryonic lethality in *C. elegans* (Fig 3A, B)

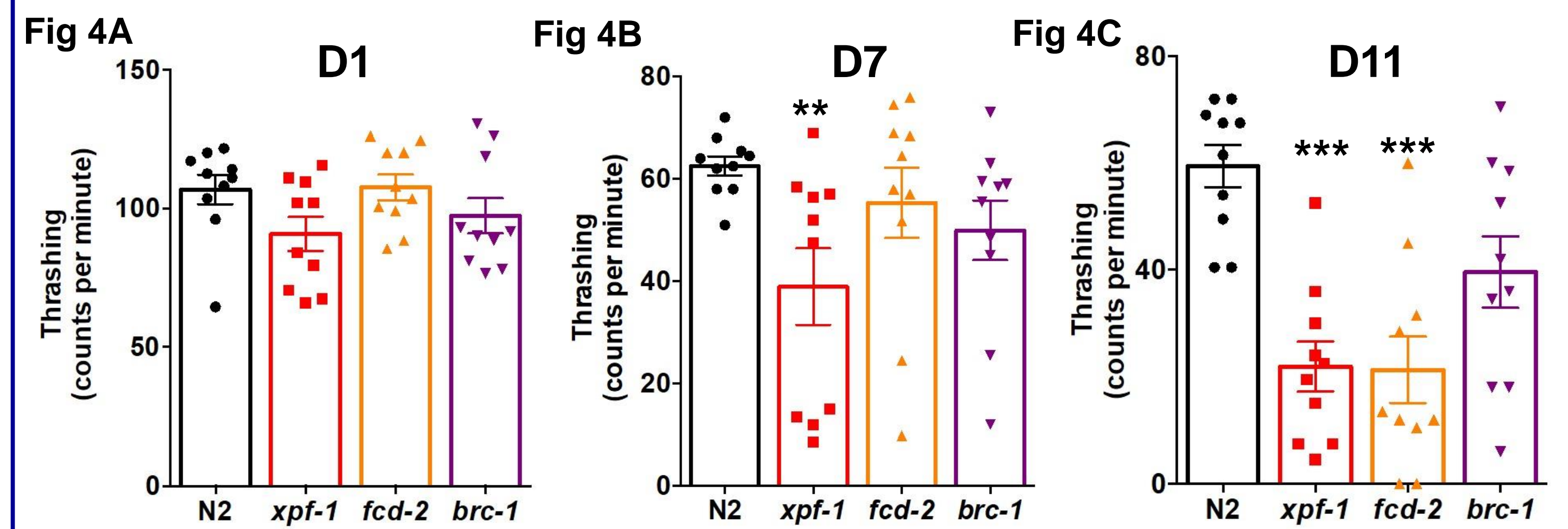


◆ *xpf-1*, *brc-1* and *fcd-2* mutants displayed increased incidence of males

## Expt 2: Assessing healthspan

**Thrashing:** Ability to move in liquid declines with age due to deterioration of muscle and motor neurons.

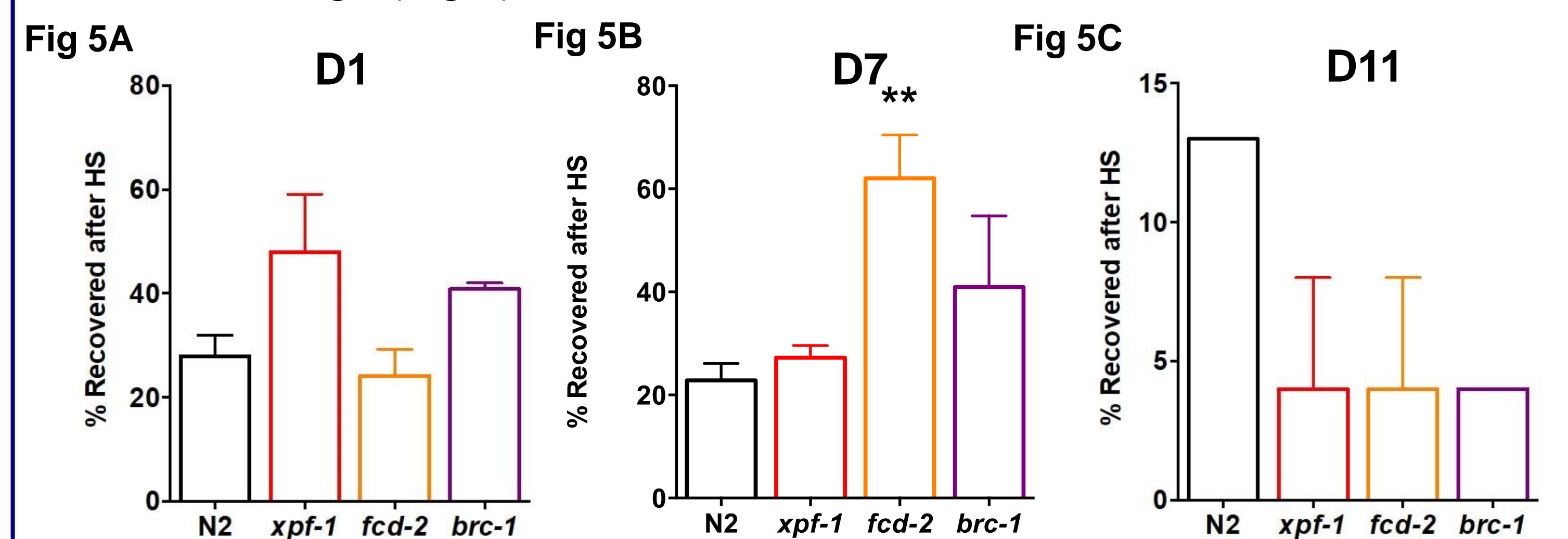
Therefore, thrashing movement in liquid S buffer was compared with age (Fig 4)



◆ Thrashing declined significantly in *xpf-1* and *fcd-2* with age

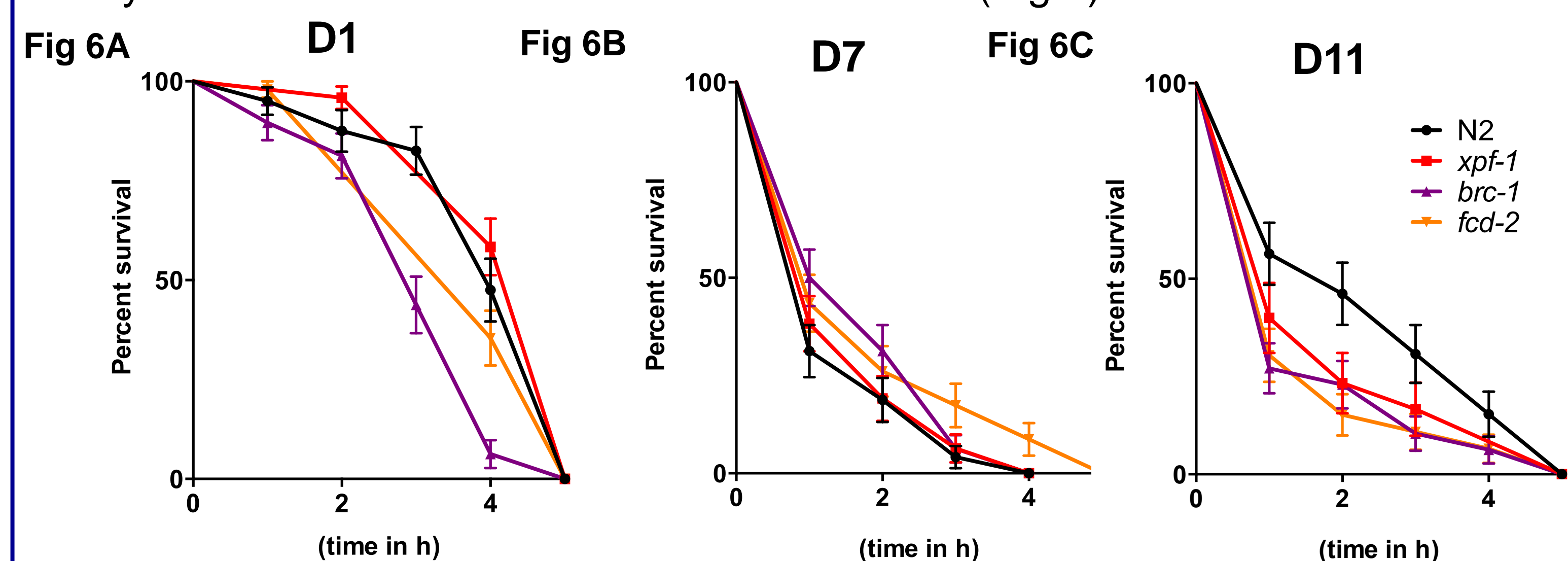
**Stress resistance:** Aging significantly reduces stress responses.

**Thermorecovery:** Ability to respond to heat stress measured by incubating animals at 37°C for 2 hrs, then allowing to recover overnight. Survival then recorded with age (Fig 5).



◆ Thermorecovery was not significantly affected in DNA repair mutants

**Oxidative stress tolerance:** Survival of *C. elegans* in H<sub>2</sub>O<sub>2</sub> was recorded at hourly intervals to test oxidative stress resistance (Fig 6).



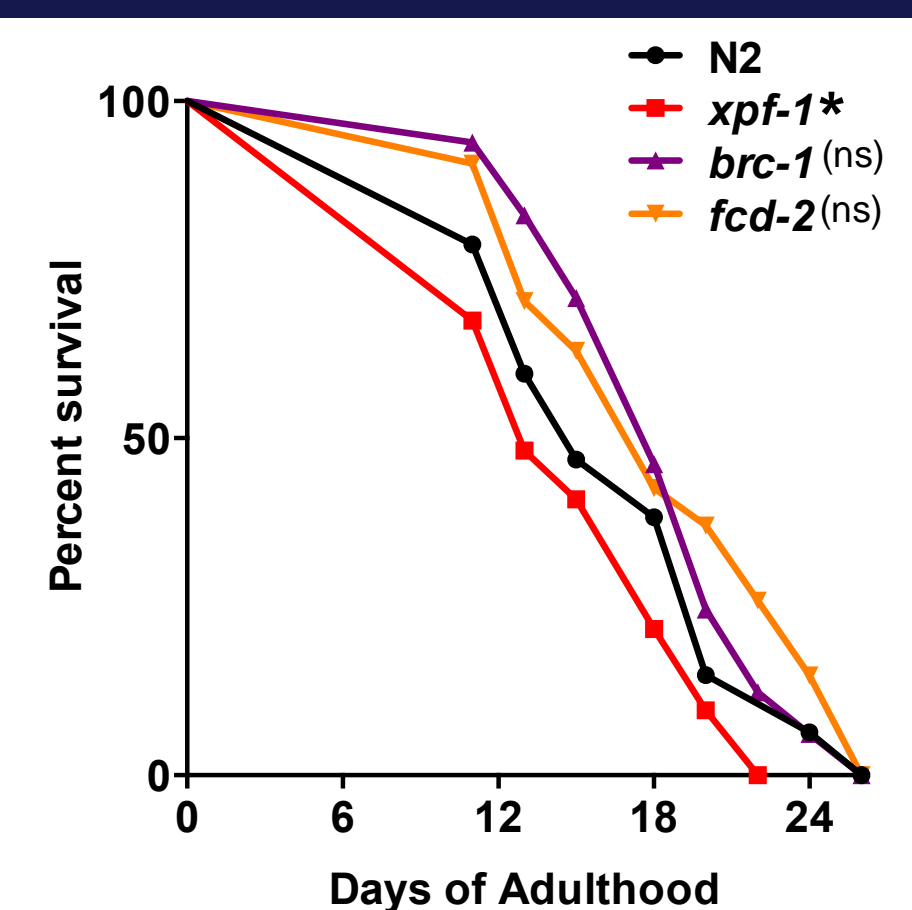
◆ DNA repair mutants are sensitive to oxidative stress

## Expt 3: Assessing lifespan

**Lifespan:** 100 young adults transferred onto two OP50 plates supplemented with 5-fluorodeoxyuridine (FUDR). Survival was measured at 20°C

◆ Lifespan was significantly shorter in *xpf-1*

**Statistics:** One-way ANOVA was performed for most healthspan studies. Log-rank test was performed for oxidative stress and lifespan analysis



## Conclusion

*brc-1* and *fcd-2* show reduced healthspan, but to a lesser extent than in *xpf-1*.  
 Only *xpf-1* shows reduced lifespan.

→ Suggests that all three pathways are necessary for healthy aging

Loss of different DNA repair processes lead to susceptibility to different stressors  
 → Could be due to different effects on different tissues (similar to human DNA repair conditions)

## Future directions

Investigate the role of DNA repair in a *tissue specific manner*, specifically neuronal and muscular health.

### References:

(1) Finkel T. Nat Med 2015 (2) United Nations (2017). World Population Prospects: the 2017 Revision (3) Niedernhofer L., Gurkar A. et al. Annu Rev Biochem 2018 (4) Gurkar A. et al. Exp Geront 2015 (5) Tian X. et al. Cell 2019 (6) Niedernhofer L. et al. Nature 2006 (7) Gurkar A. et al. Redox Biol 2018

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