

Leadership and Self-Development

Independent full-time research required effective time management and motivation. There were times when I would struggle to find a relevant source or cut down words to fit the report requirements. Moreover, balancing work and research was harder than I imagined. These were challenges I didn't expect when I started my research.

However, by organizing my schedule and dividing my research into smaller steps, I was able to overcome these challenges and utilize my leadership skills to focus on my research (Figure 2). Thus, the definition of a leader got another meaning for me as someone who can lead themselves independently and be realistic about their circumstances and goals.

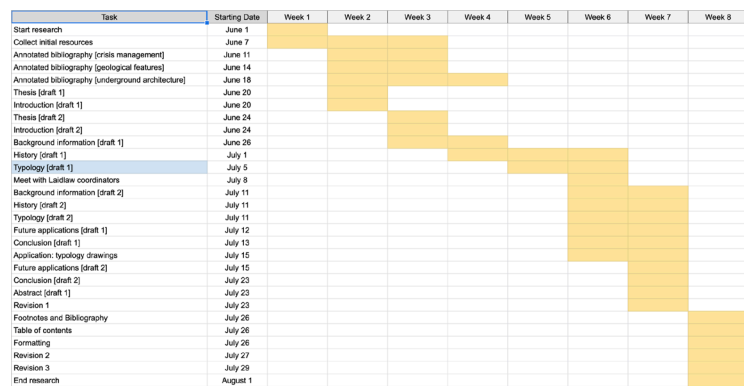


Figure 2: My organization system for the research term.

Overall, this was an unmatched experience for me where I not only developed my research skills/knowledge but also redefined my definition of a leader - I'm very grateful for this opportunity.



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