

Line of Argument

Topic: Mentoring shy Year 7/8 pupils to develop self-esteem and self-confidence

Research on Mentoring

Past research:

- Broad agreement on low impact

Criticisms:

- Research focus on effectiveness and return on investment
- Core purpose of providing SSRNs pushed into the background
- Overarching model lacks targeted interventions





Targeted Approach

- Prevents or treats specific problems
- Twice as effective
- Finding ideal balance



My Research Focus

- Quiet during lessons
- Uncomfortable with open participation
- Targeted mentoring to build self-esteem and self-confidence



Line of Argument

- Self-esteem is socially constructed
- SSNRs crucial for self-esteem
- Balanced with targeted approach for effectiveness
- At what age is mentoring most effective?



Revised Research Questions

- “What distinguishes a stable, growth-promoting relationship from one that ends abruptly or fails to matter to either party?”
 - "What curricula, practice elements and structured activities can mentors use to support the development of self-esteem and self-confidence?"
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