



# Week 1

## What went well?

The progress I made; what was achieved and done

---

- I met and networked with the volunteers and the owner of the company that I am going to work with for the community project
- I learned about the mission of my project
- I have been introduced to design thinking, which would be useful in constructing my community project
- I learned about climate change and indigenous minority issues in Mexico City
- I shared Hong Kong culture with my fellow Laidlaw Scholars at the Cultural Fair

## What could have been done differently?

Things that did not get done and/or could be changed

---

- I could have been more active in initiating communication and building stronger relationships with others
- I could have been more curious and asked more questions regarding climate change and social issues in Mexico City

- I could have researched how other organisations used gamified experiences to tackle food waste problems in restaurants

## What did I learn about myself when working with others?

### Contributions, behaviours and values I exhibited

---

- I am detail-oriented and could spot critical mistakes in our work that might have otherwise been overlooked
- I am curious and eager to find solutions to problems independently
- It takes me some time to warm up to new people

## What did I learn about leadership?

### Leadership attributes and insights I developed

---

- I developed a user-centred mindset, which is essential in creating a lasting impact on the community as a leader. We should look for effective solutions to challenges based on our empathy. Always ask ourselves “What would happen if...?” when thinking about solutions. There are five steps in design thinking: empathize, define, ideate, prototype, and test
- I learned a good leader should not always take over the conversation. We should first listen to and respect the opinion of other stakeholders, and then respond to each of them. By collaborating and interacting with different stakeholders, we can add new perspectives to our projects. This makes complicated tasks more accessible

## What do I want to develop or focus on next?

### What I still need to develop

---

- I should learn about the most urgent need for food waste problems in Mexico City. This could be done by interviewing local citizens using active listening and design-

thinking skills

- I should research more on how other organisations have used a similar approach in tackling food waste problems in their communities
- I should put more effort into knowing about other scholars