



Week 5

What went well?

The progress I made; what was achieved and done

- We had a food waste management workshop with 12 participants at Nacobre on 11th August 2023. Before the workshop, we were worried that the participants would be too quiet and too shy to express their ideas in the discussion session. Nevertheless, they were much more engaged and active than we expected. Overall, the workshop went smoothly
- The workshop participants had to think of their own “SMART” food waste solutions and implement them in Nacobre. Their proposed solutions were creative and feasible. We created a WhatsApp group with all the participants to keep track of their progress in implementing the solutions. After the LiA programme, a representative from Nacobre will help us monitor the workshop participants in reducing food waste
- We found three in-person volunteers with the help of Manuel. We had 2 meetings with them to explain their roles and had a rehearsal of the workshop
- In the workshop, I was responsible for technical IT issues and time tracking of participants’ presentations
- I wrote scripts for the in-person volunteers in the workshop

- We created a feedback survey for all workshop participants to complete after the workshop

What could have been done differently?

Things that did not get done and/or could be changed

- Initially, Nacobre asked us to keep the workshop within 1.5 hours. We also ran a trial before the workshop to confirm it was within the time limit. However, it took 2 hours because we waited for every participant to arrive at the venue and spent too much time in ice-breaking games at first. The participants were actively expressing their thoughts on food waste, which also took up some time. Although Nacobre kindly allowed us to overrun for half an hour, we should have set clear boundaries instead to prevent this from happening
- An in-person volunteer added an ice-breaking game to the workshop without prior notification. It is one of the reasons contributing to the overrun. We should have set the expectations clearly with the volunteers on their tasks

What did I learn about myself when working with others?

Contributions, behaviours and values I exhibited

- I am determined and fast when facing complex situations. For example, when we could not find any in-person volunteers and host organisations for our workshop, I looked for alternative solutions and acted quickly
- I am committed when working in a team. I could finish all the tasks on time and give insights when brainstorming ideas

What did I learn about leadership?

Leadership attributes and insights I developed

- I learned to turn ideas into action and make things happen. We almost started from scratch and brainstormed ideas for the workshop content. After three weeks of

planning, collaborating with volunteers, and communicating with different stakeholders, we managed to execute the workshop successfully

- I learned to capitalise on the power of diversity. We divided the tasks of each team member based on their strength. For example, I am detail-oriented and creative. So, I mainly worked on the visuals of the workshop and researched food waste data. This strategy made our work more efficient

What do I want to develop or focus on next?

What I still need to develop

- We should check up on the participants' WhatsApp group and their input in the feedback survey
- We should compile the data and photos in the workshop into a report. Then, we should send it to Manuel and Nacobre
- We should meet with the post-workshop volunteers to explain their tasks
- We should prepare for the closing ceremony of the LiA programme