

## Background

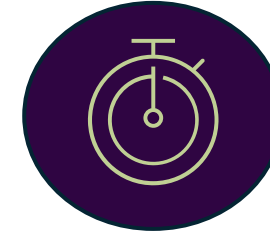
On a global scale, women's healthcare has been neglected, resulting in serious consequences impacting women's quality of life. Throughout my summer 1 research project I identified menopausal women as a community in need of equitable access to both services and treatments.

This is due to the intricate interplay between physical, emotional and physiological challenges they face during this period of their life. Addressing the neglect of women's healthcare requires concentrated efforts from governments, healthcare providers, NGOs and communities to ensure equitable access for all.

## Skills Developed



Teamwork



Time  
Management



Communication



Leadership

## Aims

The WHRI is involved in collaborating between said parties to implement research-based changes within the community to improve their access to services such as those for menopause. The WHRI is also heavily involved in knowledge translation for many topics regarding women's health which empowers women to make informed decisions regarding their bodies and how best to manage conditions such as menopause.

Project Title: Health and Economics Research on Midlife Women in British Columbia