

Seeds of Change: Grassroots Mobilization for Sustainable Food Sovereignty and Security Through Women- and Youth-Led Advocacy in Northern Ghana

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Project Overview:

- This project in Northern Ghana, in partnership with **Savannah Women's Integrated Development Agency (SWIDA)**
- Addressed food insecurity and sovereignty using **community-based participatory research**

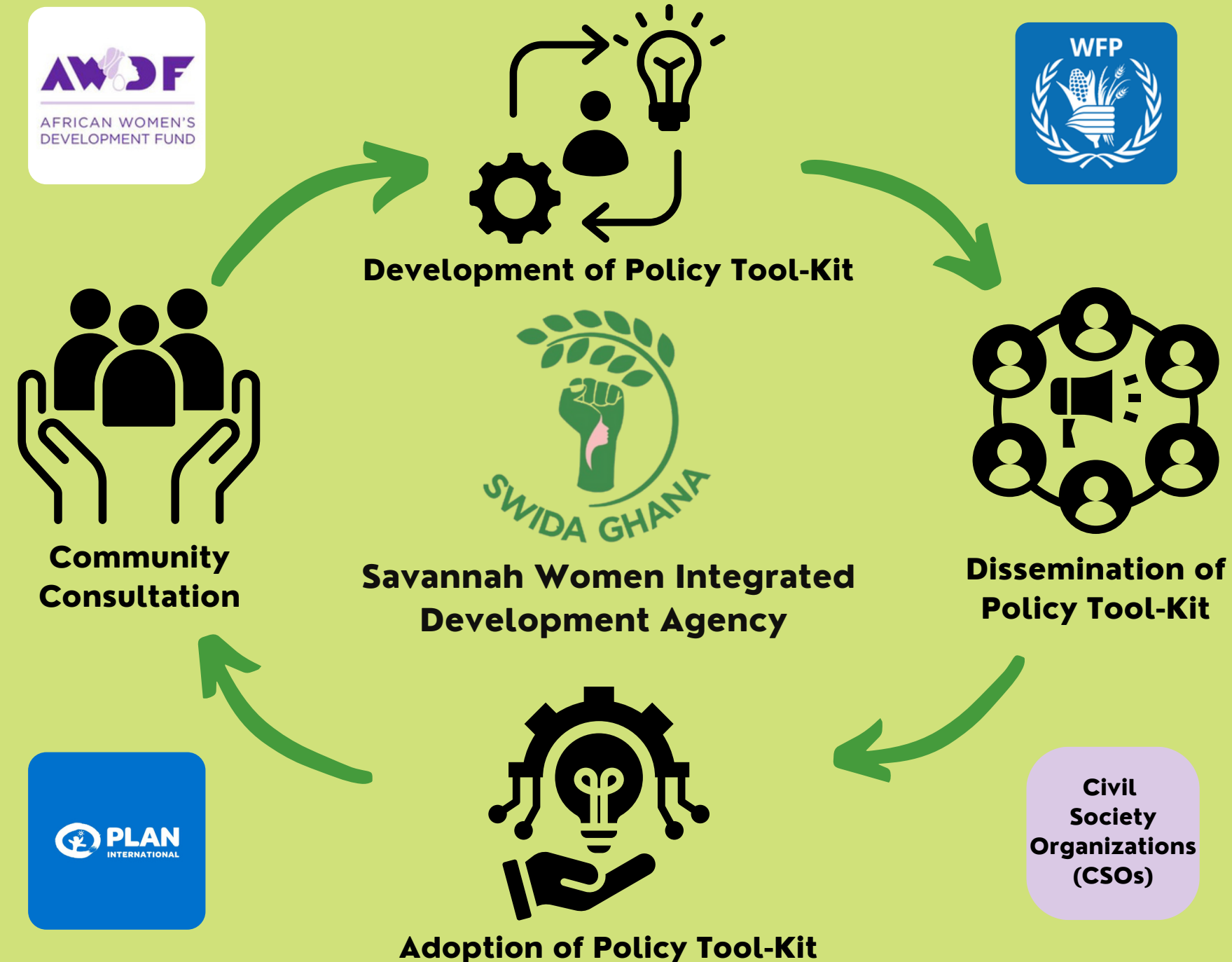
Focus Areas:

- Tackled gender disparities in **food production, distribution, and access**
- Co-created a comprehensive policy toolkit with community members to **engender policy reforms**

Collaborative Approach:

- Engaged women, youth, NGOs, and local leaders in workshops with over **100 participants**
- Toolkit developed as a **practical resource** for grassroots advocacy and long-term policy reform

How can community-based participatory research and women- and youth-led grassroots policy advocacy effectively address food insecurity and sovereignty in Northern Ghana through the shaping of gender-responsive, locally driven policy solutions?



Project Outline:

1. Community Consultation
2. Development of Policy Tool-Kit
3. Dissemination of Policy Tool-Kit
4. Adoption of Policy Tool-Kit

Key Outcomes:

- **Toolkit adoption** by community stakeholders to **navigate local policy landscapes**
- Empowered women and youth to lead **gender-responsive, systemic change in agri-food systems**

Impact:

- Demonstrates the **power of grassroots engagement** in driving **sustainable** food security and sovereignty
- Highlights the importance of **youth as future policy-makers** and **agents of change** in their communities