

Purpose Challenge

We challenged our Laidlaw Scholars to practice Leading with Purpose. We are featuring three scholars from three different universities to showcase unique and creative ways of how purpose can be cultivated.

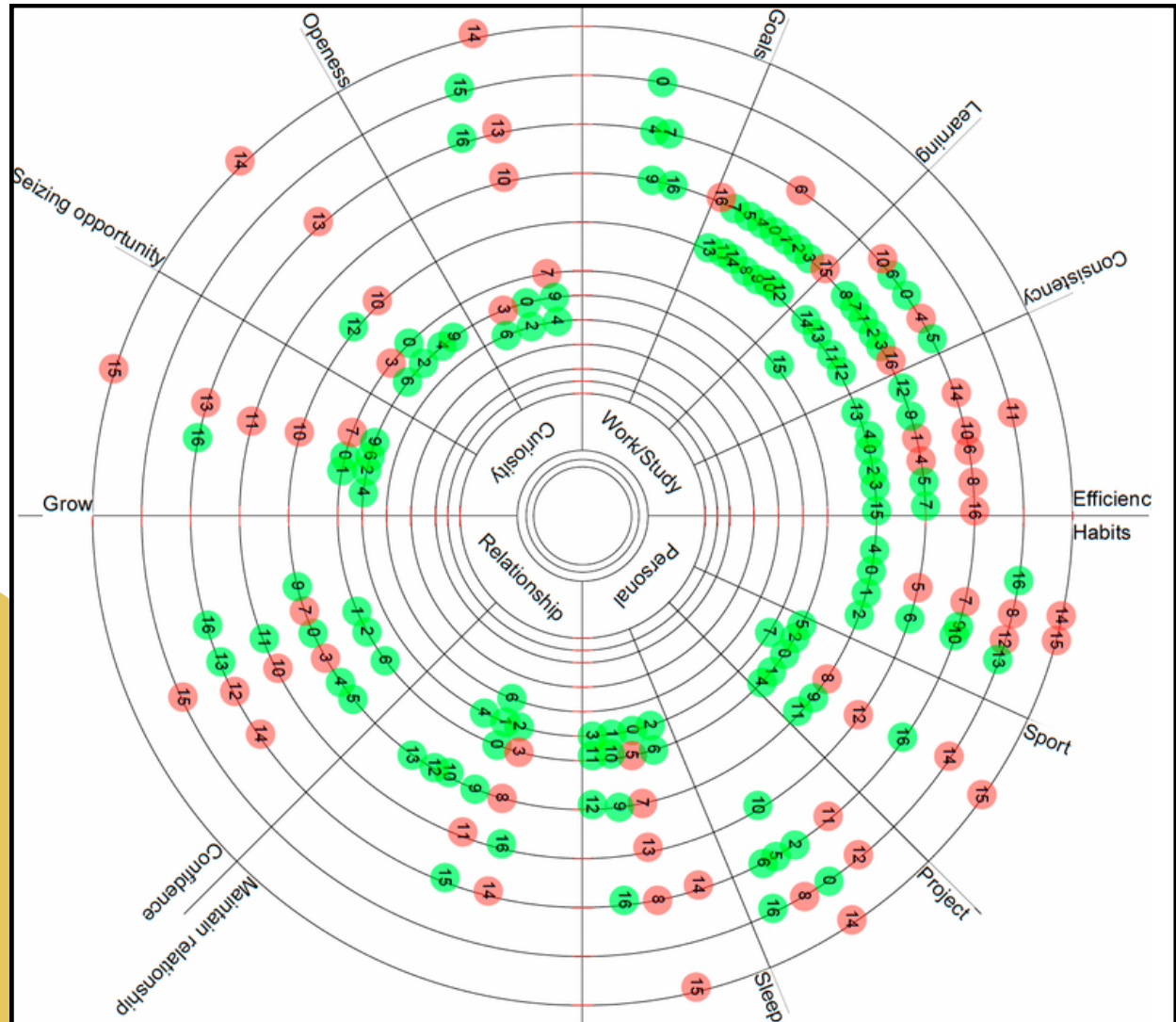


Purpose Challenge



Esteban Germann

“It doesn't take long to do, and it has allowed me to have a more regular routine than writing, which takes up a lot more time at the end of the day. It's a simple and effective way of taking stock of yourself and stepping back from the day or even the week.”

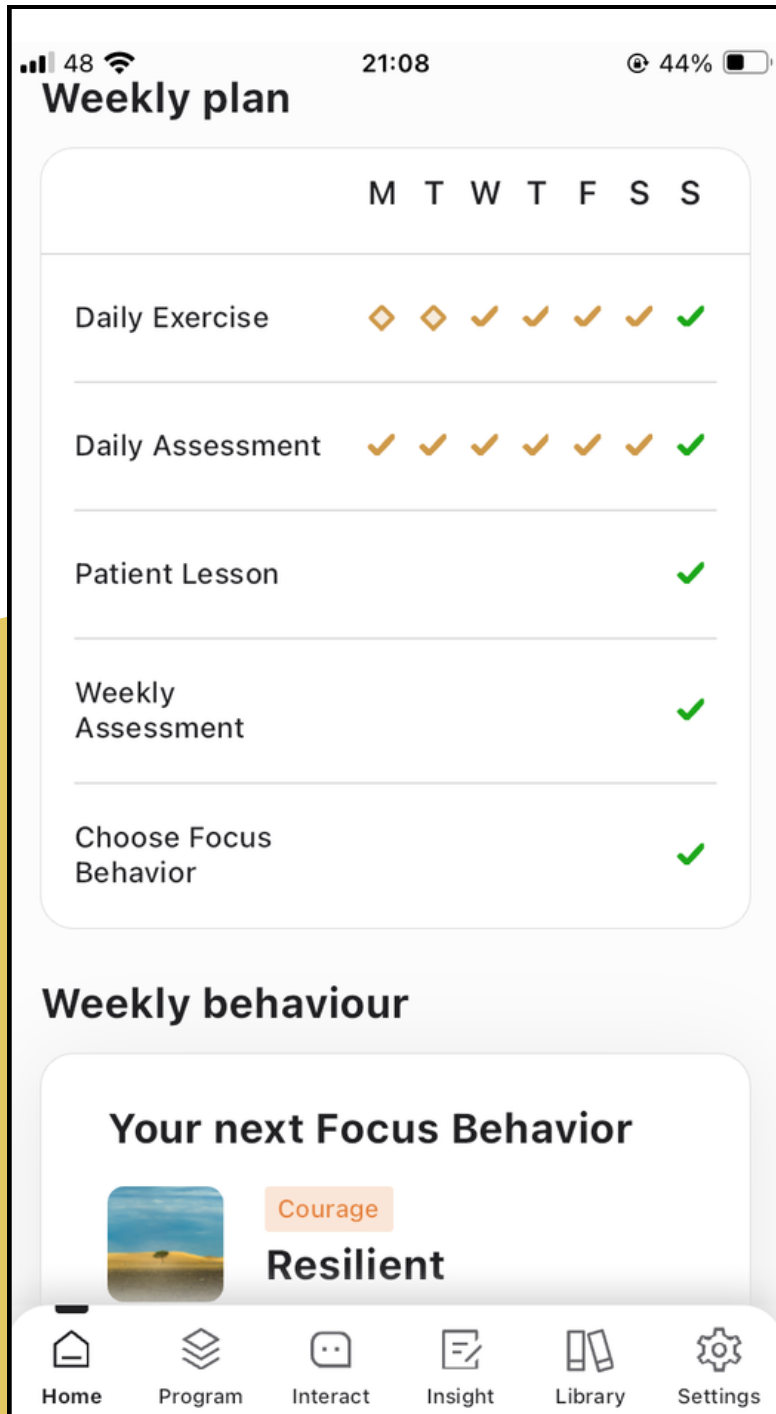


ÉCOLE POLYTECHNIQUE
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Purpose Challenge



Matthew Blakeney



“I’ve been working with the Virtuosy app to prompt my daily thoughts and perception of purposefulness. It has been a useful tool to inspire positive introspection.”



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



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Youness Robert-Tahiri

“I am really proud of myself for persevering and completing this challenge. Last Tuesday, I had forgotten to fill out the daily assessment questions on Virtuosity, and I felt annoyed. I had an impulse to stop my assessments for the rest of the week due to missing that one day. However, I noticed that I was, maybe ironically, veering into a vice related to purposiveness (i.e., rigidity). I became aware of my inflexibility and this helped me remain committed to this challenge for the rest of the week. There were further setbacks in terms of inconsistently using the bullseye that I had done on the first day, but I am still proud of myself. It is nearing the time of final exams at my school, so, in my opinion, the fact that I even participated to some capacity was more than enough. **I hope this inspires other scholars to not get so perfectionistic about these challenges, and that they are not alone if they have setbacks.** I still feel that I got a lot out of this challenge with the amount that I was able to put into it.”



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