

# Advocating for Change: A WHO-Compliant Abortion Advocacy Toolkit for Reproductive Health Reform in South Africa

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**Communication**

- Effective communication is a core tenet of leadership.
- Empathy and leading from the heart can bridge cultural divides.
- Leaders create safe spaces for dialogue where all voices are valued.

**Resilience**

- Every challenge is a chance to build resilience.
- Leadership thrives at the intersection of empathy, courage, and action.
- Evolution and learning by doing is central to leadership.

**LiA Reflection**  
*Women's Rights Unit, Centre for Human Rights, University of Pretoria*

**Adaptability**

- Challenges must be dealt with calmly, by being resourceful & adaptable.
- Hear out the other side, their points may actually improve your work.
- Leadership is about empowering others to co-create solutions.

**Cultural Humility**

- Cultural humility transforms leadership into a lifelong practice of learning and service.
- Adopt cultural humility as a mindset.
- Humility begins with self-reflection & challenging personal biases.

