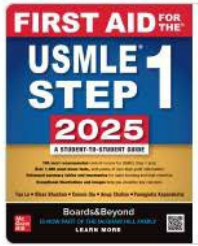
FIRST AID Forward Step 1 User Guide

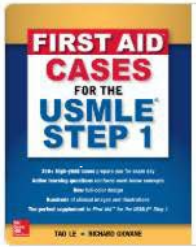
Books



Step 1, USMLE First Aid

Continue Reading

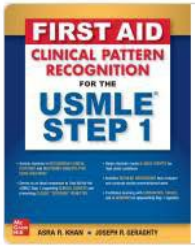
- Study the classic First Aid book, now updated in real-time right here on First Aid Forward.



Step 1, Cases: General Principles (USMLE)

Start Reading

- Work through patient cases like the ones you'll be presented with on exam day in the Cases: General Principles book.



Step 1, Clinical Pattern Recognition (USMLE)

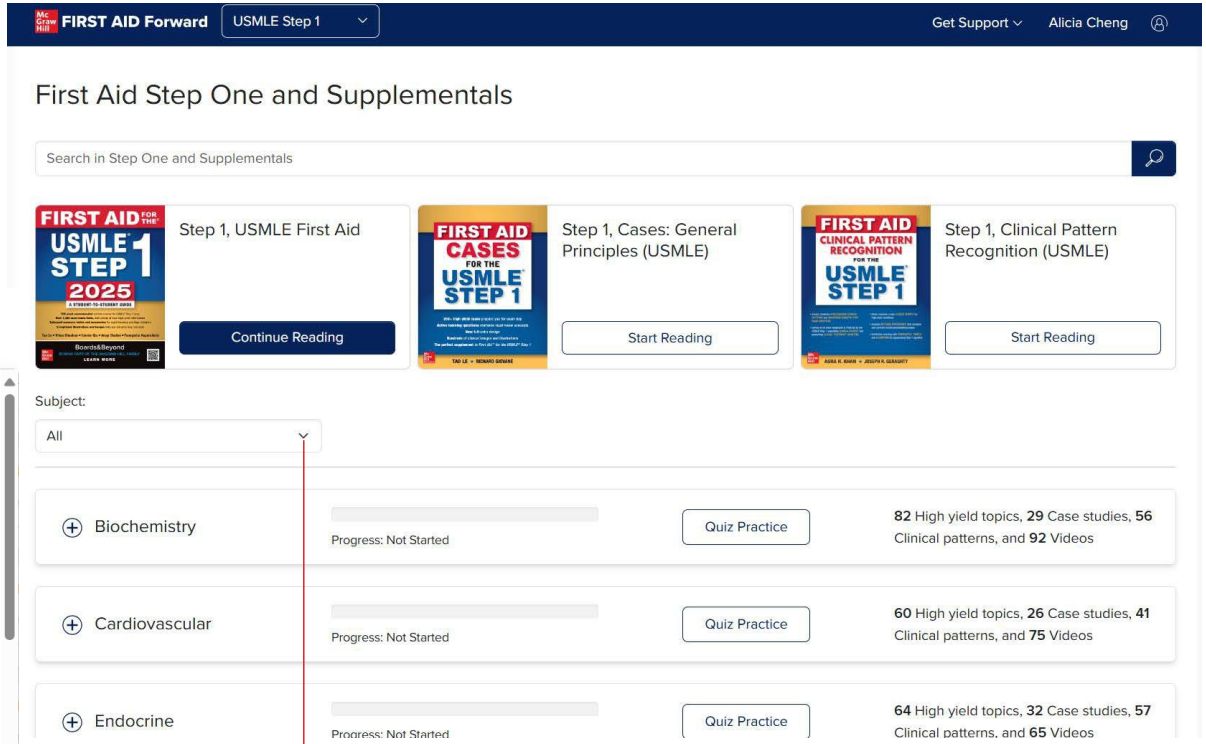
Start Reading

- Master vignette-style questions with the Clinical Patterns recognition book.

Navigating the homepage

Navigating content by book

Click Start Reading/Continue Reading to open the book



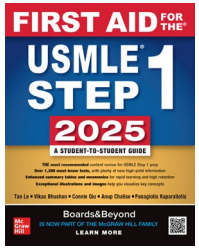
Subject:

All

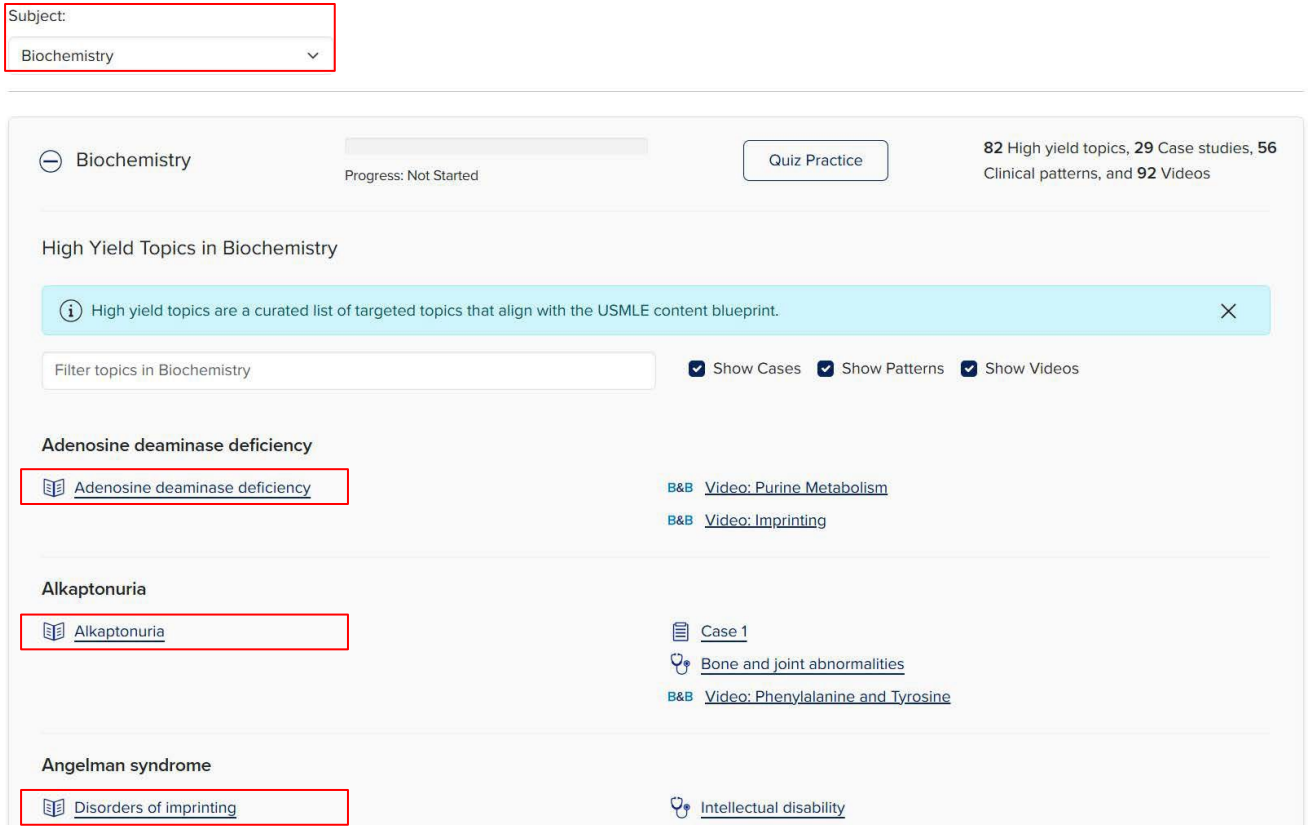
- All
- Biochemistry
- Cardiovascular
- Endocrine
- Gastrointestinal
- Hematology And Oncology
- Immunology
- Microbiology
- Musculoskeletal, Skin, And Connective Tissue
- Neurology And Special Senses
- Pathology
- Pharmacology

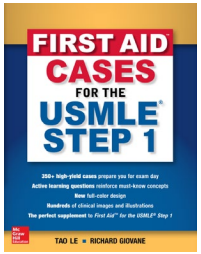
Navigating content by subject

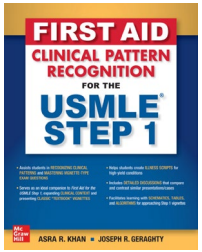
Click on the drop down menu to open the list of subjects



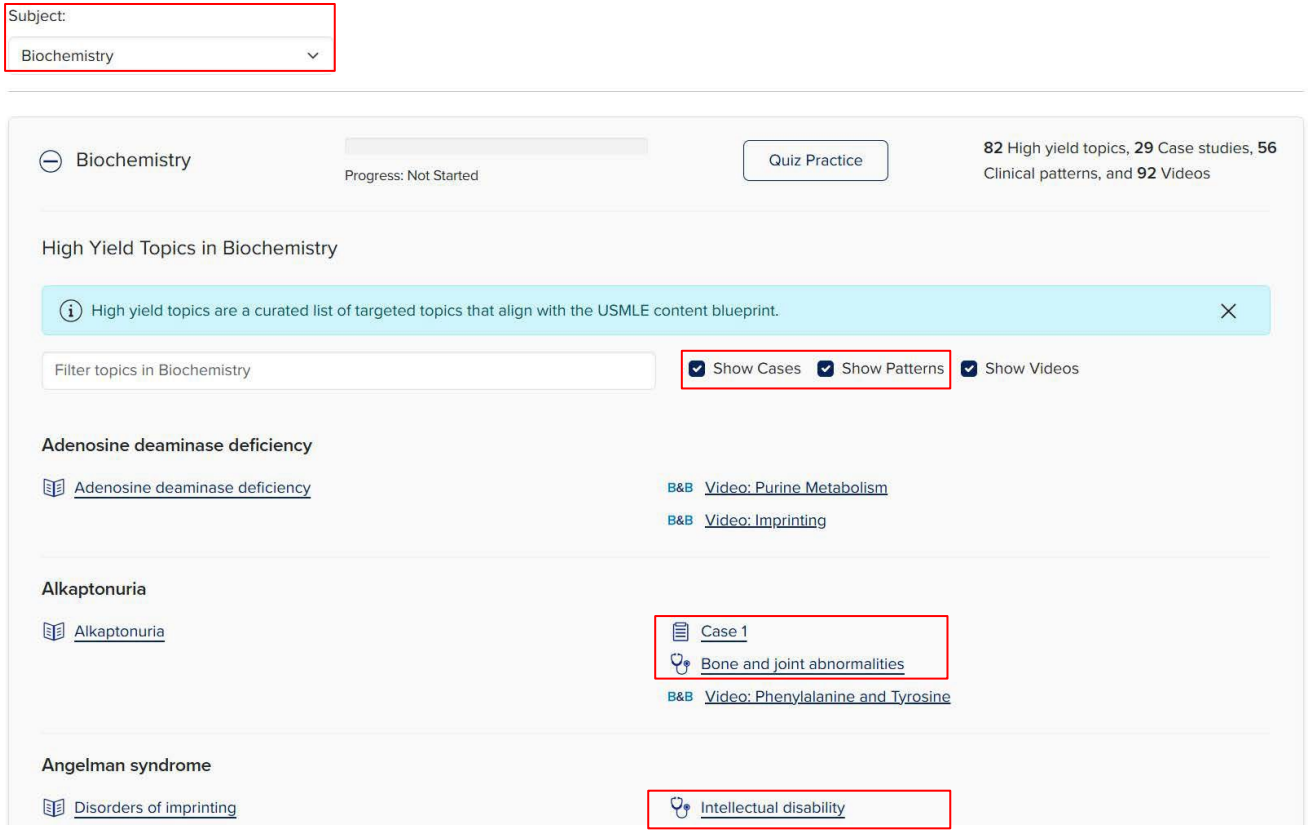
When browsing by **subjects**, click on a topic to be taken to it within the classic First Aid book.



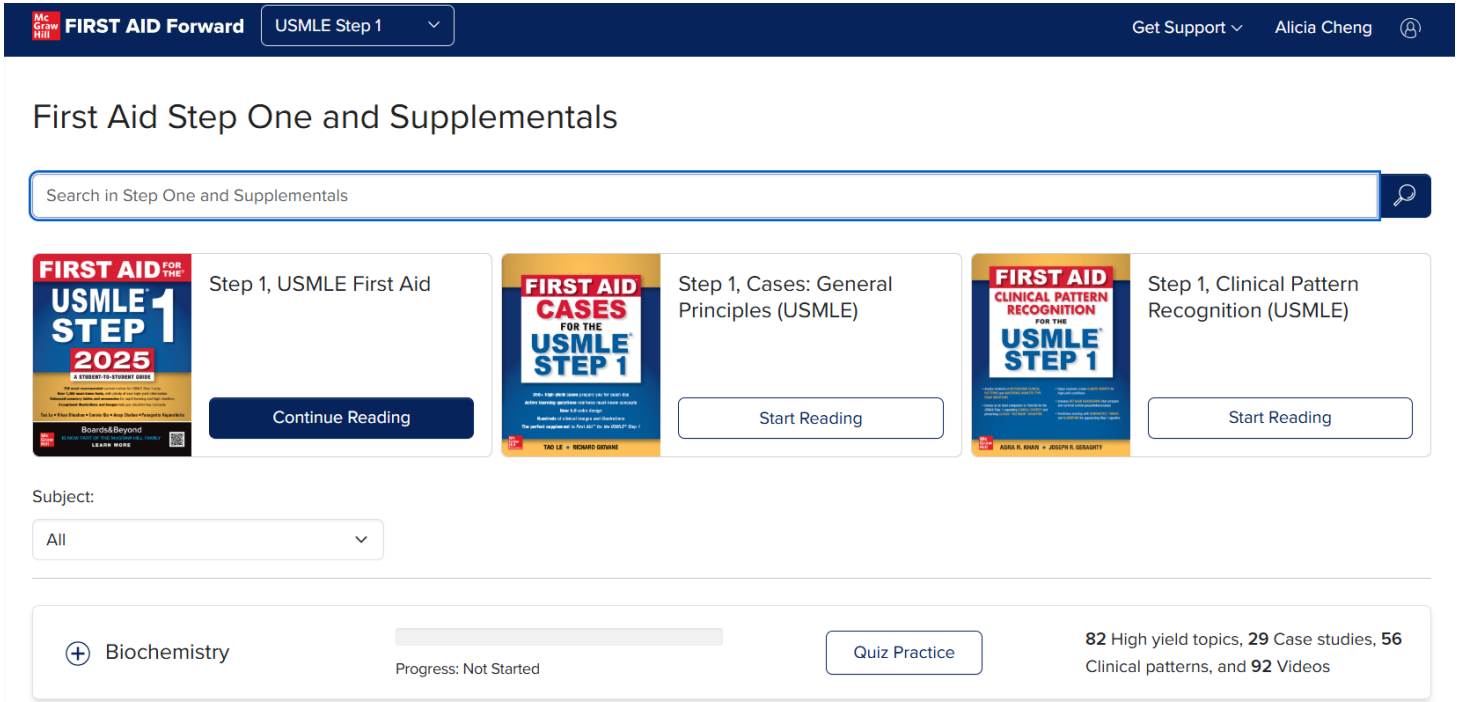




To view the cases or patterns, be sure to select the appropriate check boxes

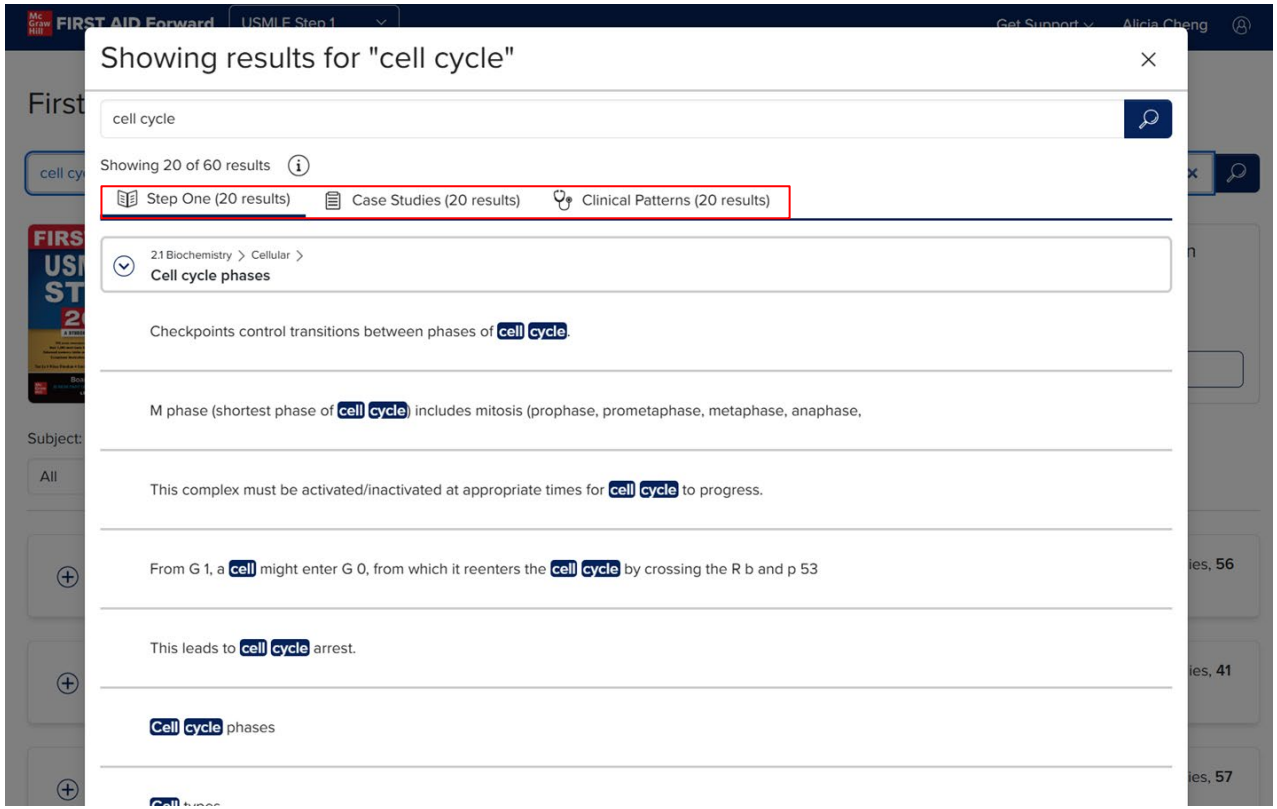


Use the universal search bar at the top of the page to search across all of First Aid Forward –Step 1.

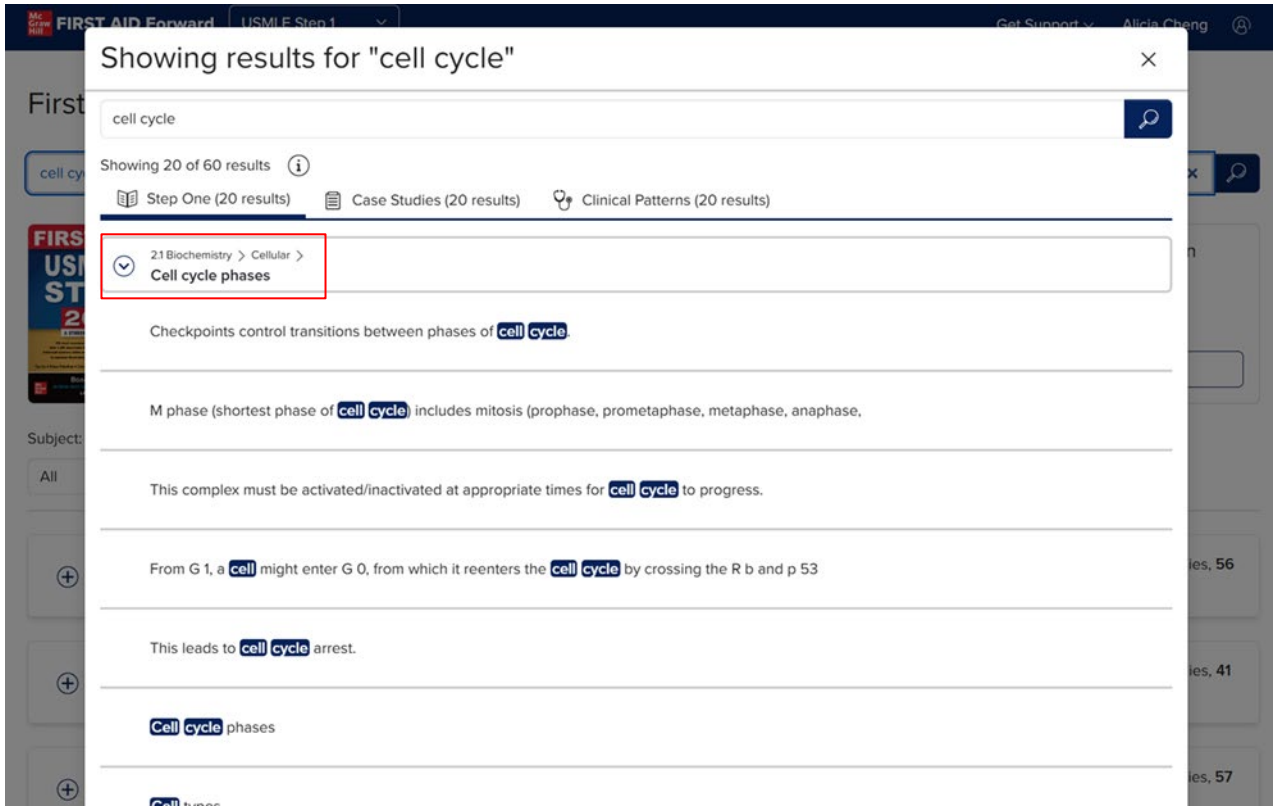


Results are organized by book

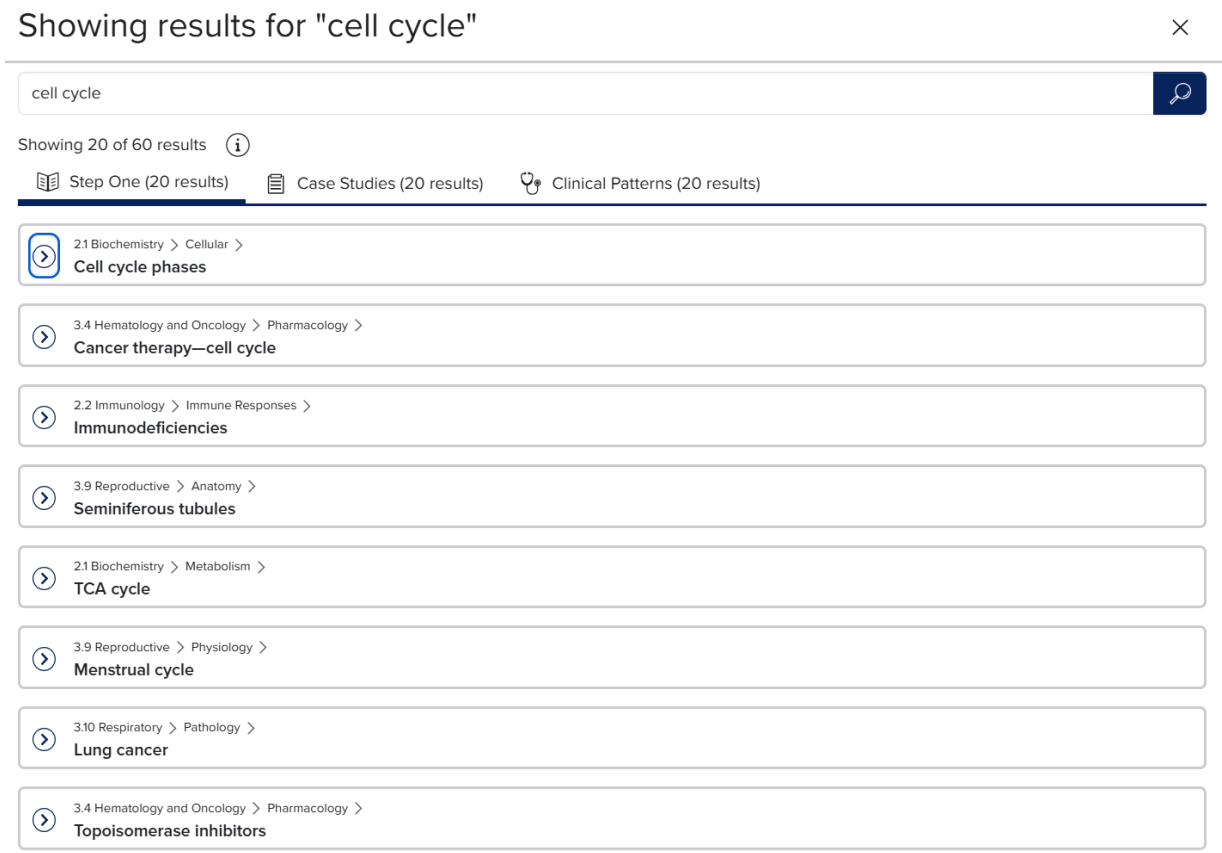
- Classic First Aid
- Case Studies
- Clinical Patterns



Explore the different subjects by clicking on the arrow icon

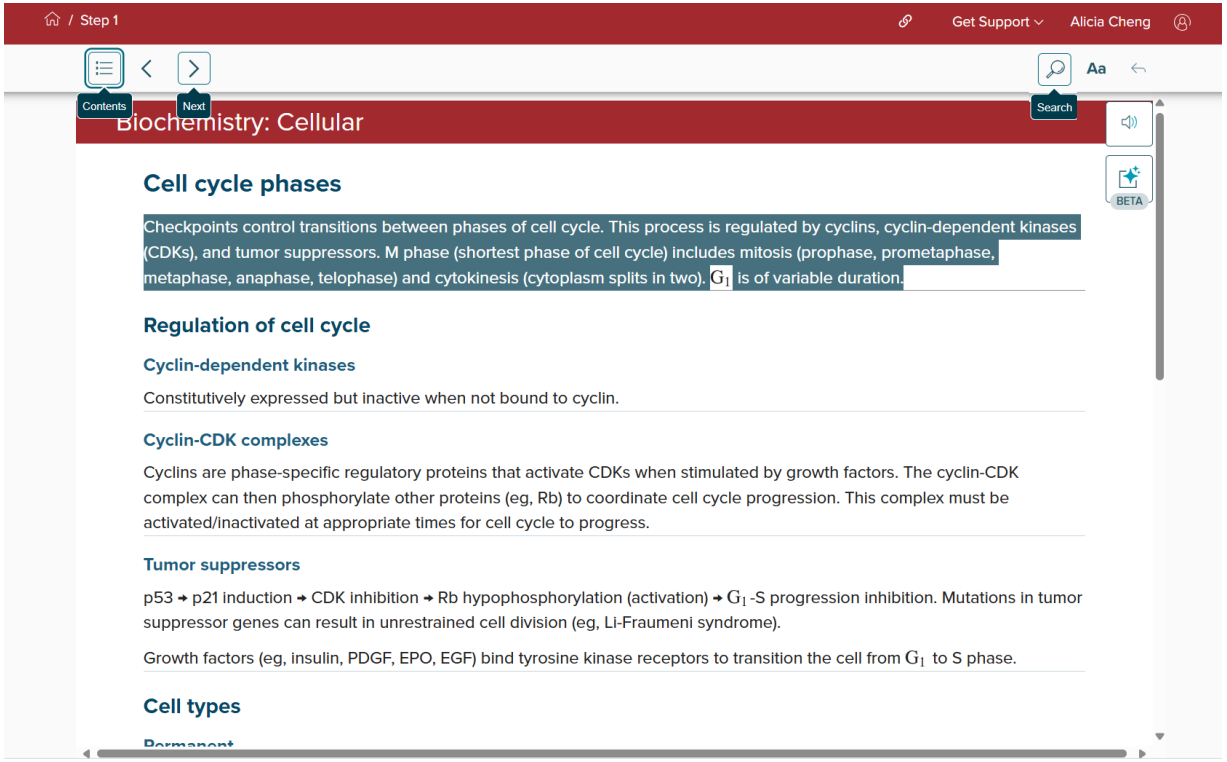


Explore the different subjects by clicking on the arrow icon



Reading

- Click on the Contents tab for more navigation options
- Use the next and previous buttons to flip through pages
- Search across the book using the built-in search functionality

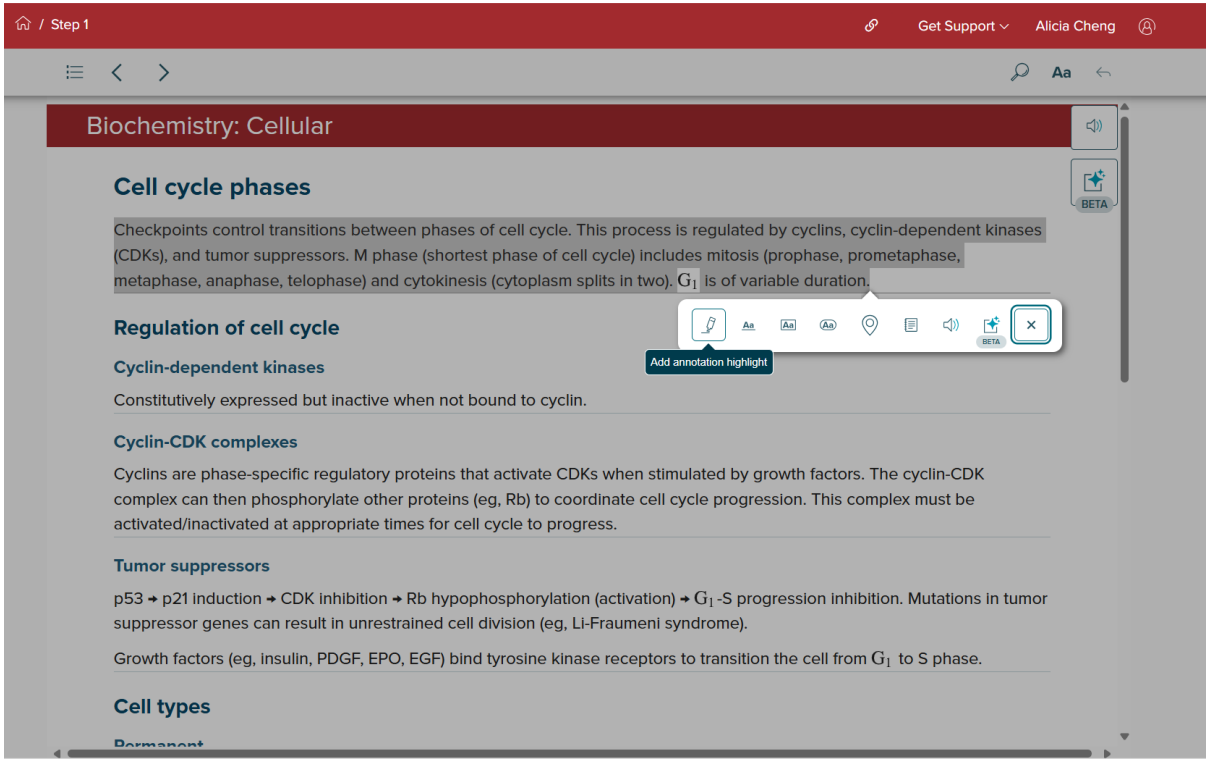


Annotation tool bar

To annotate, drag/select the text

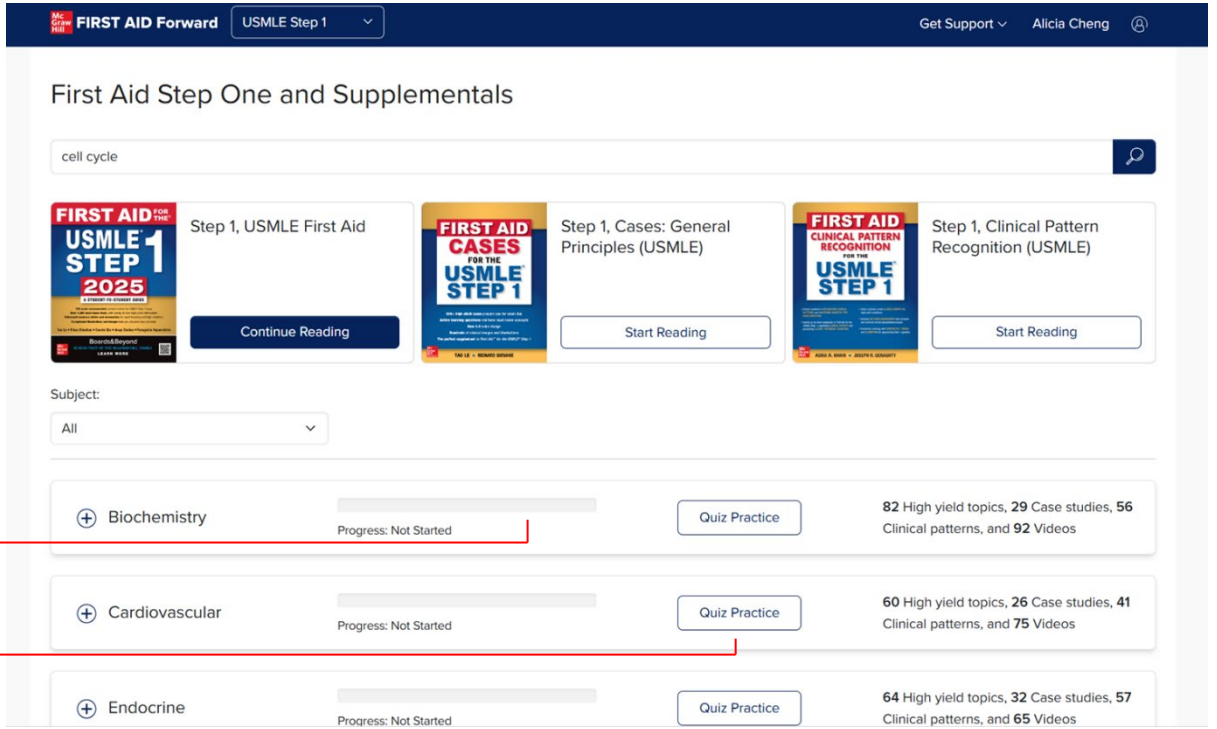
You'll be able to:

- **Highlight**
- **Underline**
- **Add annotation box**
- **Add annotation circle**
- **Add Placemark**
- **Add Note**
- **Read selected text**
- **Enable AI Reader**



Quiz Practice

First Aid Forward quizzes are case-style 'quick-hit' questions that are created to test your foundational knowledge of a particular topic to prepare you for the longer USMLE-style vignettes.

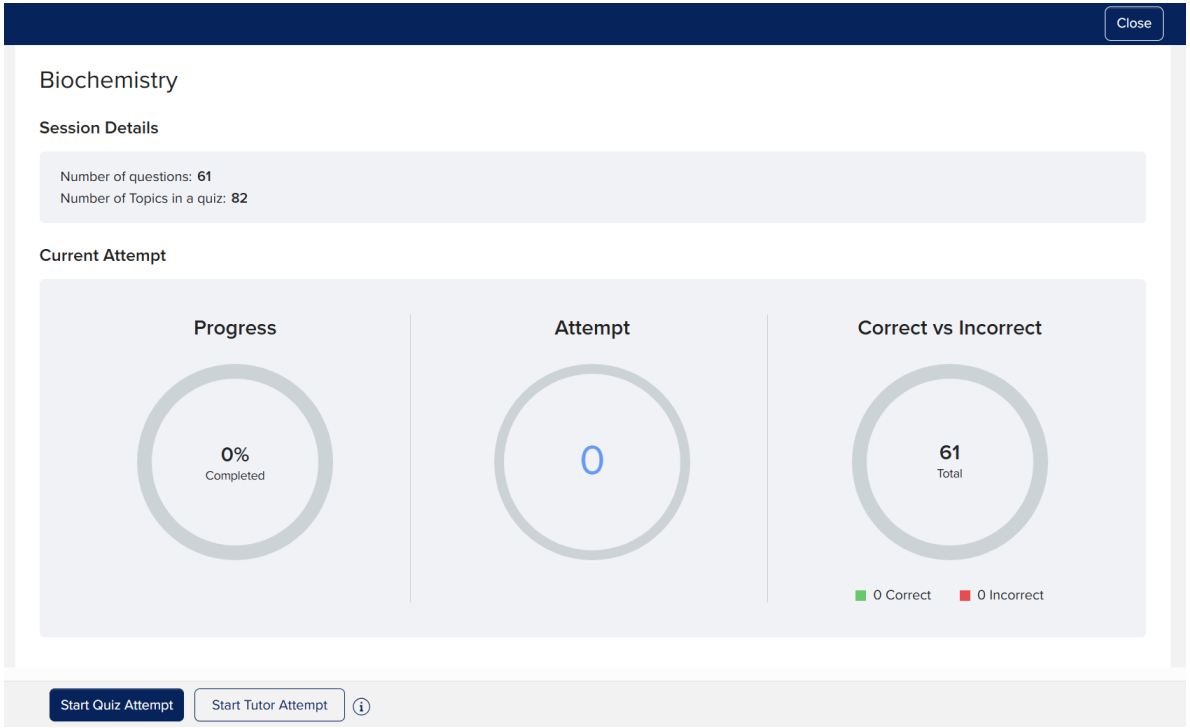


- The progress bar next to each subject summarizes your most recent quiz attempt.
- Click on Quiz Practice to see more details about the quiz

Quiz Practice

You can take a quiz in two modes:
Quiz Mode or Tutor Mode.

- In Tutor Attempt, you will see the correct answer to each question after submitting your answer. You'll also have a full explanation of the answers.

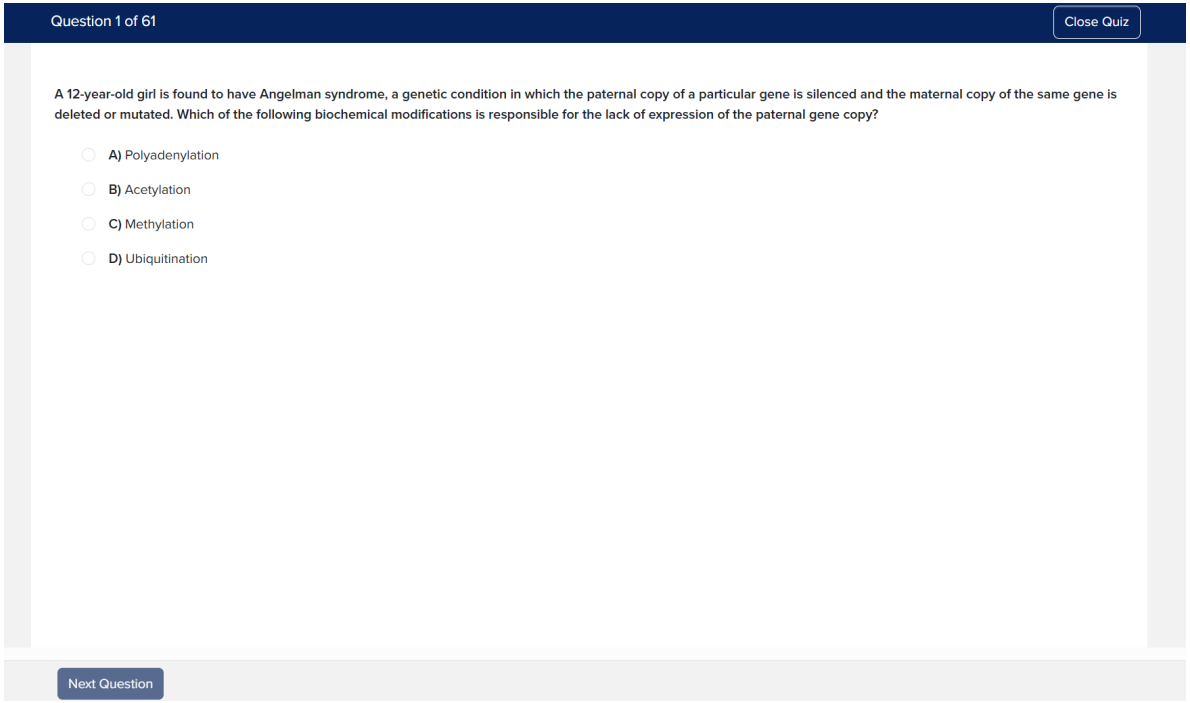


Quiz Practice

Click "Next Question" to continue through the quiz.

Do note that in a quiz, you can only go forward through the quiz, click "Close Tutor" or "Close Quiz" to return to the homepage of FIRST AID Forward.

You can return to an unfinished quiz attempt at any time by clicking "Quiz Practice"



Quiz Review

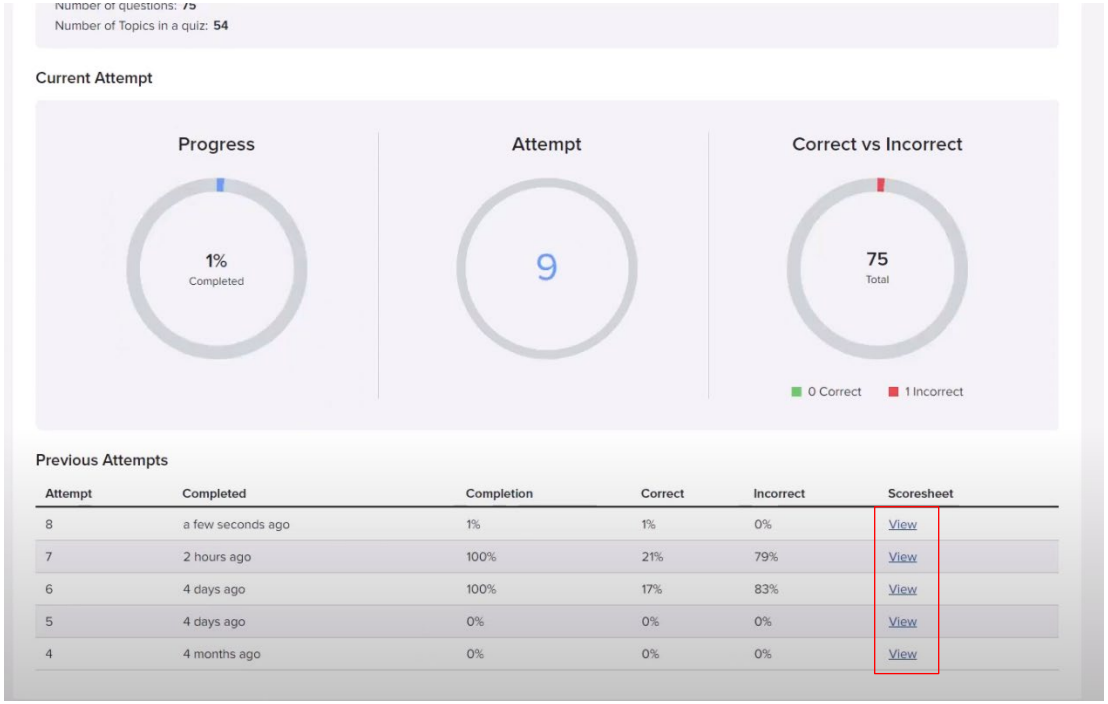
To review your previous quiz attempts, click on "View" under scoresheet.

The scoresheet includes information and tools to help you maximize your study time.

It includes:
- your overall score on this quiz attempt
- your score per question
- your answer for each question
- the correct answer
- an explanation for each question's answer.

For dedicated review, use the **Sort by Topics** feature at the top of the page to narrow down questions by topic

You can also use **Filter** to filter by Correct or Incorrect answers to focus on those questions you need review the most.



Get Support

Troubleshooting

For additional help, please click on the "Get Support" icon at the top of the page to be taken to our FAQs.

You may also wish to email us directly at: firstaidforwardsupport@mheducation.com

More resources on Access User Center: First Aid Forward | Access User Center