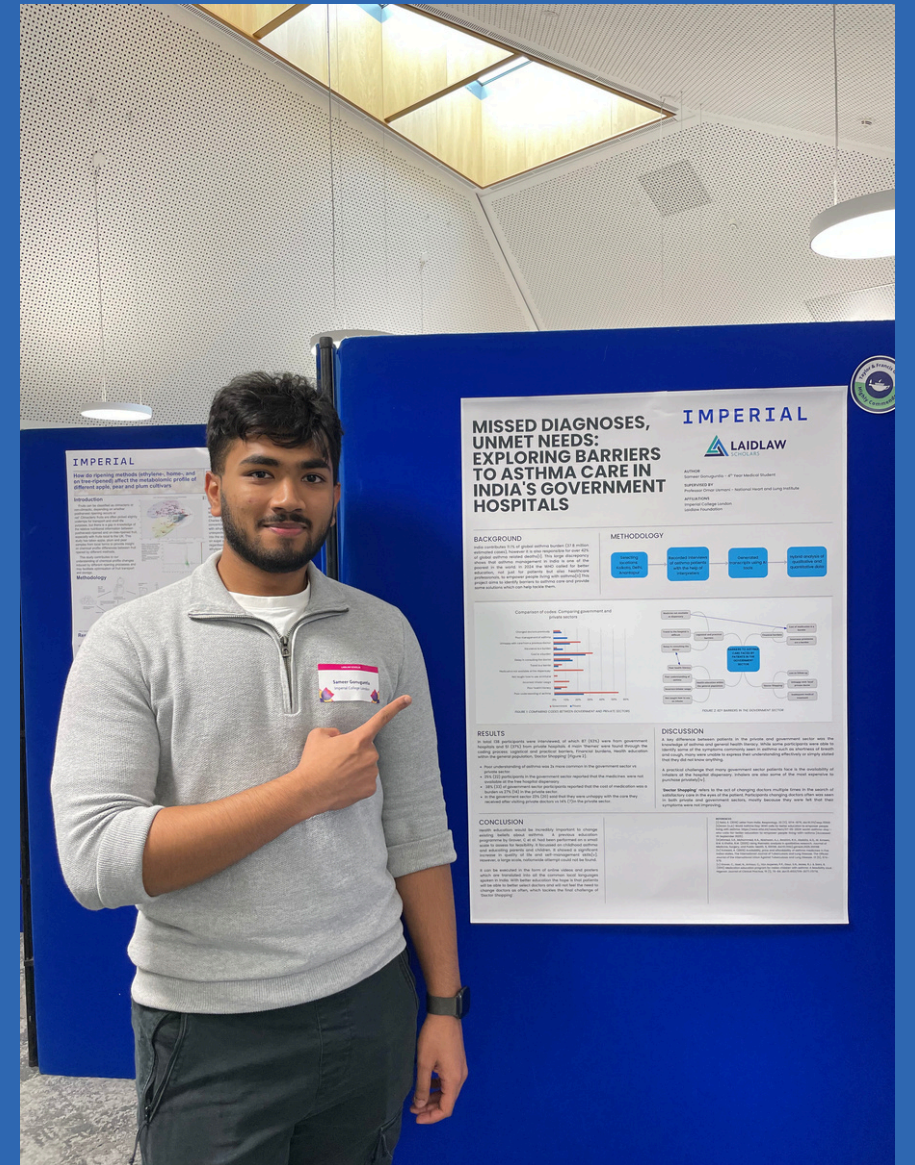


MY LAIDLAW JOURNEY

Sameer Gonuguntla

Joining Laidlaw

I joined the Laidlaw Scholarship to help kickstart my research journey. The leadership training helped to expand my understanding of what it means to be a leader and to make greater positive change in the world. It was also an amazing opportunity to connect with other like-minded students from around the world.



My Research Project

I had the opportunity to conduct my own research study to investigate the barriers to asthma care in the government sector in India. I was able to connect with some of the best respiratory physicians in India and even present my work at an international conference! I had to learn pretty quickly how to plan and execute a research project, but also how to work in unfamiliar environments.

My LiA and beyond

I continued work on my research by conducting asthma workshops at schools in India. It was also the start of a larger project to improve health education in India. The programme helped me step outside my comfort zone, building skills that I wouldn't usually do as a medical student. It has made me a more confident, well-rounded and ethical leader.