

Cultivating Character Through Co-Curriculars



1: Background and Question

- Educational inequality is a significant issue in Oxfordshire.
- There is also a major town vs gown divide between the local community and members of the University of Oxford.
- To address both of these issues, the University wants to deliver co-curricular programmes to local students from under-resourced schools.
- Character, in addition to skills, contributes to the flourishing of individuals and society.
- Therefore, the University wants to integrate character development into these programmes.

Which character strengths should these programmes focus on cultivating?

2: Preliminary Findings

- Through a literature review and questionnaire sent to parents and teachers, we identified that these character strengths should potentially meet at least two of the following criteria. These strengths should...
 - Help students **face current challenges**
 - Help students **face future challenges**
 - Be a strength that the students **might not naturally develop**
 - Be one of the students' **least developed character strengths**
 - Be one of the students' **most developed character strengths**
- The following six strengths potentially meet at least two of these criteria. So, these co-curricular programmes should potentially focus on cultivating them.



Leadership Perseverance Judgement Self-Regulation Social Intelligence Teamwork