

Critical Mixed-Race Theory: Analyzing the Identities of South Asian to Canadian Immigration on Mixed-Race Women

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Listen to me!



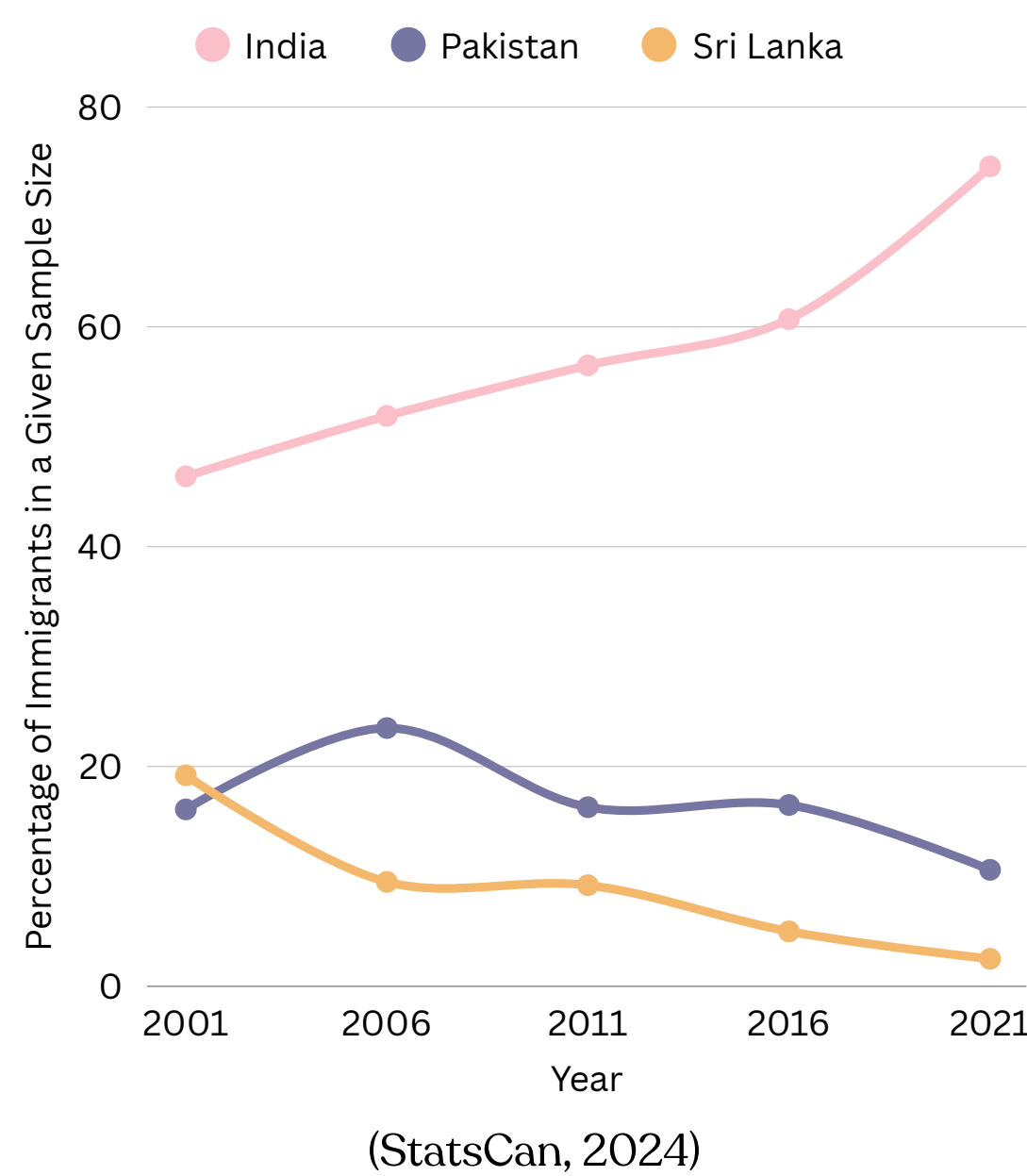
Introduction

- This research seeks to highlight the tumultuous and often overlooked experiences of biracialism, particularly relating to young women with a South Asian immigrant parent.
- Integrating aspects of Critical Race Theory (CRT) and the history of women-of-colour's rights in such studies, this paper explores the deeper meaning behind the language and diction used against biracial individuals.
- It strives to heal the wounds unconsciously built by the world and provide an alternative method of identification that not only praises their multiracialism, but accepts their wholeness of being.

Methodology

- Five young women between the ages of 18 - 25 who identify as biracial South Asians and live within the Greater Toronto Area are invited to answer a questionnaire designed to investigate their life experiences as mixed individuals further.
- The objective of this questionnaire is to identify the similarities, differences, and range of emotions one may encounter through living multiracialism.
- Highlights the amalgamation of lives among biracial people, even with a shared underlying South Asian identity. Comparisons will be made between public perceptions of mixedness and the individualized perceptions of the same topic.

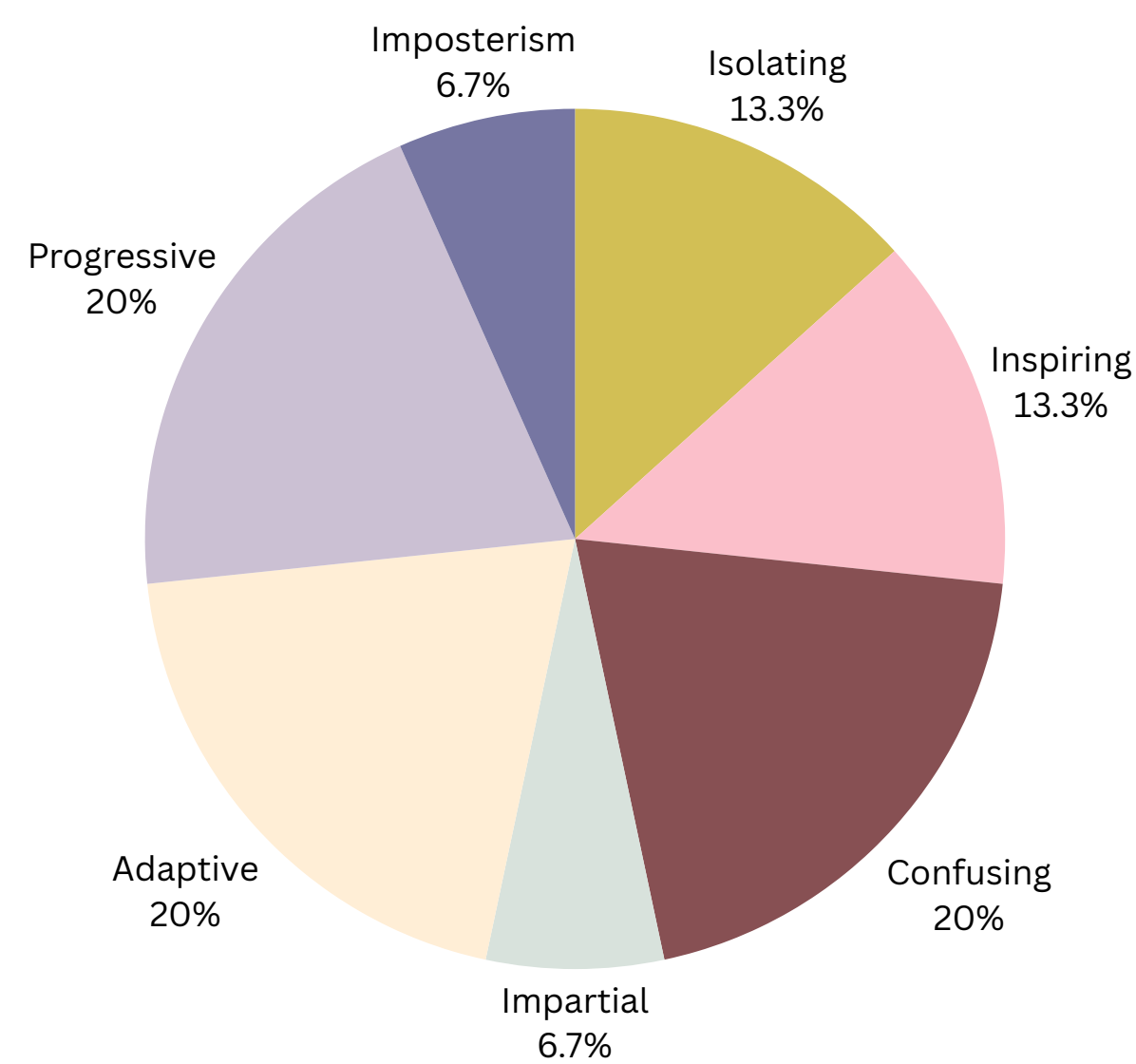
South Asian Immigration to Canada
Mobility Graph



**Increased
mobility rates =
Greater cross
cultural
connection =
More
multiracial
children**



Three Words to Describe Growing Up as a
Biracial South Asian



Results

- The overall consensus of this questionnaire was a mix of pride and loss – an understanding and deep love for who you are, yet the external factor of grappling with Western notions of your identity.
- When asked if they would choose to exist as a monoracial person, each and every participant emphasized that they would never sacrifice any part of themselves to feel more integrated in society.

Conclusion

“Society imposes its policies of governance upon our bodies, but it holds no seed. The fruits of its evil cannot grow on our soil if we choose to resist.

My guide to feeling comfortable in your own skin? Well, that is simple. Just own it. Know your worth. Tale as old as time, right? Maybe it seems like a stupid outcome, an incomplete ending, but if there is anything you may take from this research, it is this: if you have a heart and a brain and blood pumping through your veins, that is scientific proof that you are whole enough. That you are enough.”

Key References * Acknowledgements

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Mitski. (2016). Your Best American Girl [Song]. On Puberty 2. Dead Oceans.

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