

# Critical Mixed-Race Theory: Analyzing the Identities of South Asian to Canadian Immigration on Mixed-Race Women

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Listen to me!

## Introduction

- This research seeks to highlight the tumultuous and often overlooked experiences of biracialism, particularly relating to young women with a South Asian immigrant parent.
- Integrating aspects of Critical Race Theory (CRT) and the history of women-of-colour's rights in such studies, this paper explores the deeper meaning behind the language and diction used against biracial individuals.
- It strives to heal the wounds unconsciously built by the world and provide an alternative method of identification that not only praises their multiracialism, but accepts their wholeness of being.

## Methodology

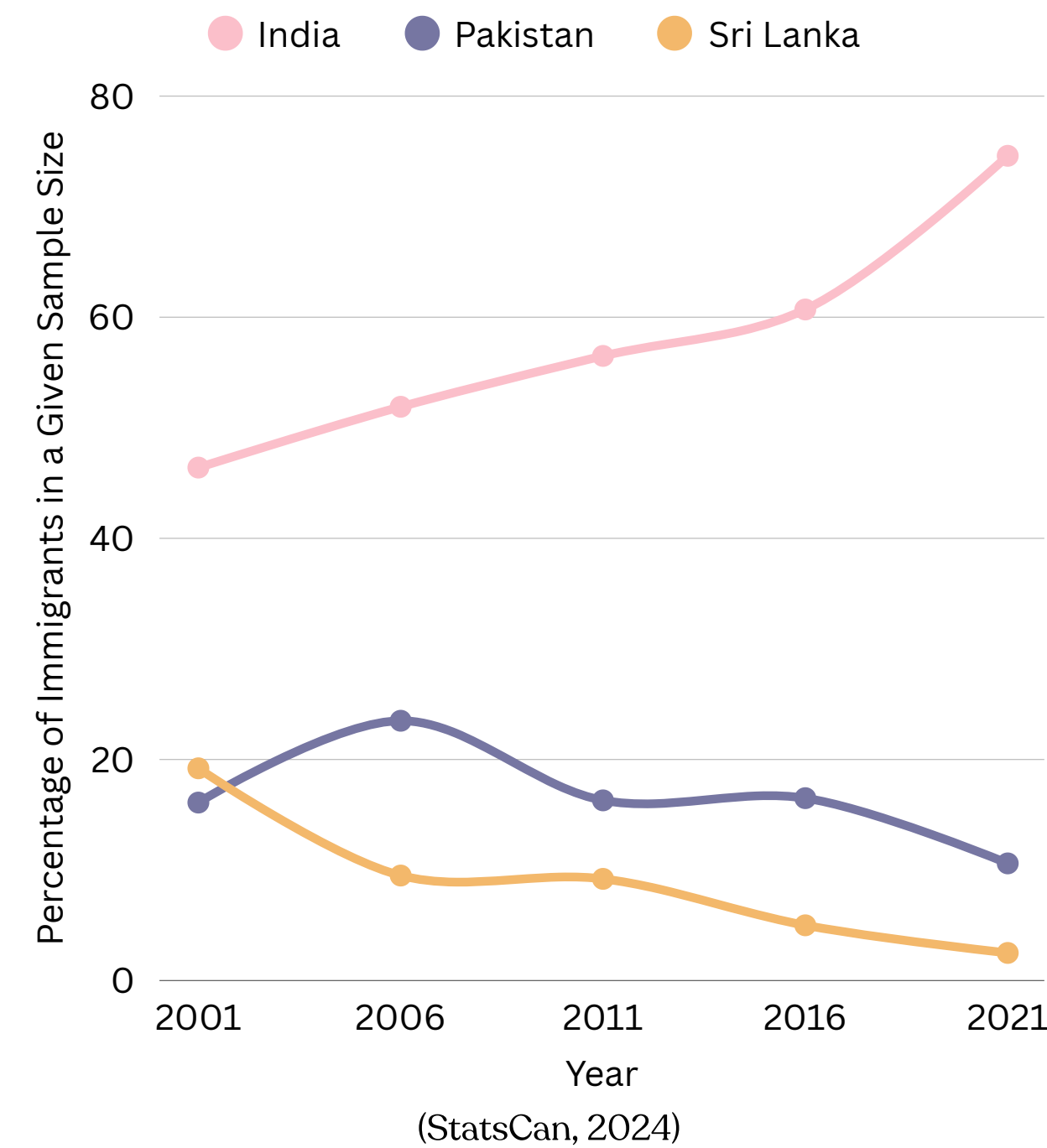
- Five young women between the ages of 18 - 25 who identify as biracial South Asians and live within the Greater Toronto Area are invited to answer a questionnaire designed to investigate their life experiences as mixed individuals further.
- The objective of this questionnaire is to identify the similarities, differences, and range of emotions one may encounter through living multiracialism.
- Highlights the amalgamation of lives among biracial people, even with a shared underlying South Asian identity. Comparisons will be made between public perceptions of mixedness and the individualized perceptions of the same topic.

## Conclusion

**“Society imposes its policies of governance upon our bodies, but it holds no seed. The fruits of its evil cannot grow on our soil if we choose to resist.**

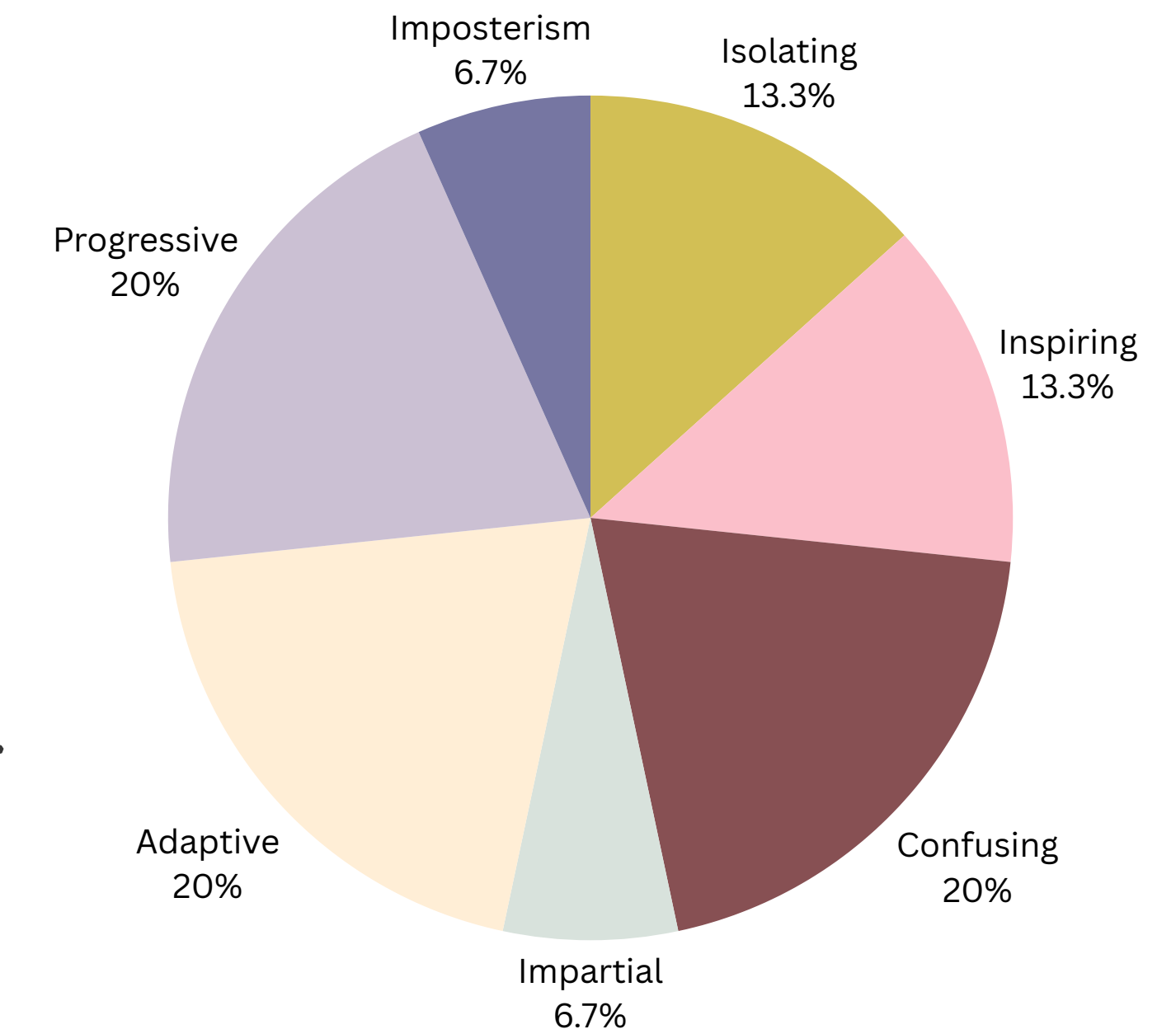
**My guide to feeling comfortable in your own skin? Well, that is simple. Just own it. Know your worth. Tale as old as time, right? Maybe it seems like a stupid outcome, an incomplete ending, but if there is anything you may take from this research, it is this: if you have a heart and a brain and blood pumping through your veins, that is scientific proof that you are whole enough. That you are enough.”**

South Asian Immigration to Canada  
Mobility Graph



**Increased mobility rates = Greater cross cultural connection = More multiracial children**

Three Words to Describe Growing Up as a Biracial South Asian



## Results

- The overall consensus of this questionnaire was a mix of pride and loss – an understanding and deep love for who you are, yet the external factor of grappling with Western notions of your identity.
- When asked if they would choose to exist as a monoracial person, each and every participant emphasized that they would never sacrifice any part of themselves to feel more integrated in society.

## Key References + Acknowledgements

Delgado, R., & Stefancic, J. (2023). Critical Race Theory: An Introduction (4th ed.). New York University Press.

Mitski. (2016). Your Best American Girl [Song]. On Puberty 2. Dead Oceans.

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